

STEPPIN' OUT AND MEMORABLE COSTA RICA
Jewish Singles Tour: For 20s, 30s and 40s
July 30- August 7, 2011

Description:

Come experience the fantastic spectrum of Costa Rica's natural wonders. As you travel from mountain top forest in Monteverde to the active Arenal volcano to the Caribbean coast you will truly become enveloped in the richness of the land and its stunning scenery. Discover the country's real treasures through sea kayaking, horse back riding, hiking or biking. Every tour day offers one exciting planned activity such as white water rafting for the adventure lovers, or a more relaxing experience such as a guided hike through the rainforest. Our itineraries are designed to include top tours in each region of Costa Rica, while leaving plenty of time for individual activities such as relaxing on the beach or enjoying optional spa treatments. Meals are mainly served buffet style, and always provide many dining options to meet the expectations of vegetarians, meat and fish lovers alike.

The trips visit three regions within Costa Rica, each with very different characteristics: San Jose – the capital city, where participants will get a taste of Costa Rica's urban and Jewish life; the rainforest – at the heart of the country's biodiversity and conservation efforts; and the beach – for fun and relaxation under the sun. We feature deluxe accommodations at hotels that offer a wide range of services, including full service spas and internet access. Every group itinerary features a pre- and post-extension that allows participants to lengthen their stay and visit other regions of Costa Rica. Please inquire about early arrivals and late departures. These all-inclusive trips bring together the magic of the rainforest, the warmth and relaxation of the beach, the excitement of professionally guided adventure tours and the fun of parties and group gatherings. You will leave Costa Rica with great memories and many new friends from across the country and around the world.

Itinerary:

Day 1: Arrive at San Jose's Juan Santamaria International Airport where you will be met by our Memorable Costa Rica reps and transferred to the Crowne Plaza Corobici. Following check-in, take the rest of the afternoon to explore the city or just relax in the hotel. At sundown, we will have a typical Costa Rican Dinner at the hotel followed by group activities. You can then enjoy the hotel casino or turn in early to rest up for the exciting day to come.

Day 2: Following a relaxed breakfast, visit Sharai Zion, one of the most beautiful shuls in Latin America. We will then head for the lush rainforest and hot springs of the Arenal Volcano region. Enjoy the 2.5 hour drive up the southern mountains of the Central Valley, then down towards the flatlands of San Carlos, an area known for its agriculture, forest and cattle industries. The drive will end when we reach the Arenal Manoa Hotel which sits at the base of the majestic Arenal Volcano. In the evening, we will head over to world-renowned hot springs of Tabacon Grand Spa Resort for dinner and time in the springs. Upon arrival, enter the resort and explore the lush tropical gardens, soak in the thermal waters of the Tabacon River and thoroughly relax every bone in your body. At your option, you may choose from a wide array of spa services (additional charge). Upon conclusion, return to Arenal Manoa.

Day 3: Choose from three tours. Awake, eat a hearty breakfast (you'll need it) and be transported to the Sarapiquí River where your full day whitewater rafting adventure begins. Hike through virgin rain forest to the river's edge. A thorough rafting orientation will be given and then you are ready to plunge into the swift, spectacularly beautiful Sarapiquí. Wind through lush tropical wilderness for the next few hours—your guides will find a tranquil spot on the river and pull off for a swim and lunch. Upon completion of the trip, return to Arenal Manoa and enjoy the hotel.

The second tour option is a hike in the rain forest led by a professional guide on the magnificent "hanging bridges" tour. Hike on rainforest trails over numerous hanging bridges. You will have unrivaled views of the forest, streams, and waterfall below. See extraordinary panoramic views of the Arenal Volcano and if you are lucky—monkeys, sloths, coatimundis, parrots, toucans and other exotic birds. Upon completion of the tour, return to Arenal Manoa and enjoy the hotel.

The third tour option is Canyoning. Be transported to a remote waterfall canyon. Rappel down 5 routes into the water below. Rappels range from 20-50 meters-this activity is sure to get your blood flowing. Upon completion of the tour, return to Arenal Manoa and enjoy the hotel.

Day 4: Free morning to enjoy the hotel and surrounding area. We will then head for the beach and embark on a scenic 4 hour drive across the Guanacaste or "gold coast" region which is situated in the Pacific northwest of the country. This beautiful drive takes us around Lake Arenal where we will transfer from lush rainforest to the tropical dry forests of the Guanacaste Savannah. Arrive at the Flamingo Beach Resort where you will spend the next four days relaxing on the beach, swimming in the magnificent blue waters of the Pacific, engaging in a variety of land and water activities, or just enjoying the pool area. We will have the "all inclusive plan" at the resort.

Day 5: Choose from two tours. Take a horseback-riding excursion deep into the jungle and trek across Costa Rica's rich topography. Keep an eye out for monkeys, toucans, sloths, and other Costa Rican wildlife. For those who are not equine aficionados, the alternative excursion will be a Canopy Tour – one of Costa Rica's adventure trademarks. Climb up to start the multiple platform canopy experience, then glide from tree to tree and get a bird's eye view from the canopy of the forest. Upon completion of your outing, return to the Flamingo Beach Resort and spend the rest of the day as you choose.

Day 6 : Following breakfast, we will take an optional day trip to the town of Tamarindo. After a 30 minute drive past cattle ranches and small towns, we will reach the Pacific Ocean resort town of Tamarindo. Spend time on the beaches of this world famous surfing destination and visit the numerous shops and stands of this bustling beach town. Those interested in taking surfing lessons will have the opportunity to do so (additional cost). You will be on your own for lunch where you can dine in one of the many wonderful local restaurants. In the late afternoon, we will return back to Flamingo Beach Resort. Those that decide to stay back will have a free day to spend enjoying the amenities of the resort.

Day 7 : Choose from two tours. Board a boat and take an enjoyable ride to a special "snorkeling" location in the Pacific. Your guide will lead you to the best spots for sighting all types of colorful marine life; if you are lucky, Blue Pacific Dolphins may stop by for a visit. Those not wanting to snorkel will have the option of going on the Canopy tour (see day 5). Upon completion of your excursion, return to Flamingo Beach Resort. At sundown, we will have a Shabbat dinner -Jewish traditions and Costa Rican grill cooking will blend to make this a unique experience.

Day 8 : Final morning to enjoy the beach and resort. In the afternoon will then start the 4 hour drive down the Interamerican Highway back to San Jose. On the ride back, we will stop for lunch at a scenic restaurant. Upon arrival in San Jose, check back into the Crowne Plaza Corobici; enjoy the amenities of the resort or rest up for the evening's activities. Dinner will be at a delightful restaurant where memories and stories of the past week will be shared.

Day 9: You will be transferred to the airport for your return trip home.

Trip Details

Trip Length:	8 nights, 9 days
Dates of Trip:	July 30- August 7
Cost:	\$1950
Single Supplement:	The single supplement additional \$750
Getting There:	Shoshana Travel works with consolidators shoshana.segal@comcast.net .
Price Includes:	Deluxe hotel accommodations (double occupancy). Three daily meals (breakfast – lunch – dinner). All land transfers during the trip. 3 adventure tours plus optional day trip to Tamarindo Beach 1 evening entrance including dinner to Tabacon Grand Spa Hot Springs Shabbat Dinner at Flamingo Beach Resort Welcome and closing events in San Jose followed by group activities. Airport transfers. Professional tour guide/leader. Hotel & Sales taxes.
Price Does NOT Include:	Airfare. Airport taxes. Spa treatments (Optional).

TOURS:

Witches Rock Canopy Tour The canopy tour, or ziplines in the rainforest, is one of Costa Rica's trademark adventure activities. Experience a huge adrenaline rush while getting up close and personal with the rainforest in a non-invasive and fun way. The Witches Rock tour ranks among the top canopy tour of the many in the country.

Located only 5 minutes from Allegro Papagayo Resort, this exciting eco- adventure will give you an extreme close-up look at nature. Climb to the first platform to start the canopy experience. You will then glide from tree to tree on a special system of steel cables. While in the canopy of the rainforest, you will get a bird's eye view of the tropical forest, the surrounding wildlife and a beautiful waterfall.

All participants will be given a thorough orientation and will be using professional climbing gear. The trip, through 23 platforms, eases you through shorter throws and smaller heights, but the challenges increase as you get accustomed to the canopy experience. Once you have mastered the canopy, you will be jumping into the open space and increasing your speeds, creating some outstanding photo opportunities.

Previous experience is not required, but the canopy tour is not for adventure-adverse individuals, or those suffering from fear of heights. If you have a heart condition or suffer from high blood pressure, we suggest you sign up for another tour alternative listed for this date.

Pacific Ocean Snorkeling Start the tour with a meeting with the staff and guide from the snorkeling company at the pool area of the hotel. You will receive snorkeling gear, including mask and flippers.

The snorkeling trip begins on board a boat that will take you on a pleasurable ride to a special snorkeling location in the northwest Pacific. The boat ride lasts approximately 45 minutes. Take this time to sunbathe and enjoy the beautiful landscapes of the Guanacaste shoreline. Your professional guide will lead you to the best spots for sighting marine life. Along the way, you may encounter playful spotted, spinner, or bottlenose dolphins swimming alongside the boat.

Jump in the ocean and leisurely start swimming as you follow your guide. Numerous species of fish can be seen in the northwest Pacific Ocean. Eel, manta, rainbow fish, lobster, crab, and saddle horse are just some of the species you may encounter. Soft drinks and fresh fruit will be provided.

No previous snorkeling experience is required, but participants must be good swimmers. While this is not a physically demanding tour, participants should be prepared to deal with underwater currents.

Horseback Riding on the Beach and Dry Forest Prepare yourself for a unique riding experience where you will ride over Costa Rica's rich topography and deep into the forest. On this guided tour you will ride horses that are specially trained to

tackle these trails.

The tour begins with a boat ride across the Papagayo Bay where you may see dolphins swimming alongside the boat. You will then drive a short distance to pick up the horses in a rural town. During the two hour ride, you can imagine being a Costa Rican rancher and enjoy the natural surroundings. Keep your eyes open for howler monkeys, white faced monkeys, sloths, exotic birds, reptiles, insects, and beautiful vegetation.

The Gulf of Papagayo is well known for its splendid scenic views, rolling hills and untouched tropical dry forest. This tour presents a unique opportunity to experience this rare type of tropical vegetation. At different points in the tour, there will be walking, trotting, and for those that can handle it, some galloping.

Horseback riding experience is not required to enjoy this tour. Please wear long pants and comfortable shoes.

ARENAL MANOA:

Hanging Bridges Nature Hike Your driver will pick you up at the hotel lobby to start this exotic nature hike. After a 15 minute drive, the group will arrive at the restaurant and entrance to the Arenal Hanging Bridges Park. Meet your professional guide and start the hike in the rainforest, with spectacular views of the majestic Arenal Volcano.

An experienced guide will lead this extraordinary hike in the tropical rainforest. You will take a 3 kilometer trek passing over 15 bridges ranging between 5 and 100 meters long and up to 60 meters in height. You will have a bird's eye view of the forest floor below where you can see countless species of plants, insects, reptiles, birds, and mammals. The park is designed specifically to enable visitors to view the forest from three perspectives: the floor level, the mid section and over the tree tops. The vegetation and animal life are noticeably different in all levels, and this particular hike will allow you to understand these differences.

You will also be treated to unrivaled vistas of the Arenal Volcano over the river and waterfall. Throughout the hike, your guide will discuss the history of the region and rainforest.

This hike is not strenuous, although there are steps and slopes to climb. The speed is relatively slow as the group searches for and looks at the wildlife present along the path. The trip is for anyone who is interested in nature and who prefers a soft adventure tour.

Pure Trek Canyoning The group will meet at the lobby of the hotel where they will meet the staff from the canyoning company. The tour begins with a 30-minute, 4x4 drive into the tropical rainforest outside the town of La Fortuna, in the shadow of the Arenal Volcano. After arriving at the park, the group will meet for basic canyoning instructions and to receive the required safety gear.

You will then trek for about 20 minutes through the forest on trails that lead to some of the most spectacular waterfalls in Costa Rica, a place very few people get to experience. Along the way you will have the chance to discover the secrets that lie hidden deep within the canyon. This is a great opportunity to spot rare wildlife, local to the region, which includes exotic tropical birds, howler monkeys and coatimundis.

The group will arrive at the site and prepare for the adventure. From the first waterfall, rappel down from the top into the beautiful and pristine canyon below. The adventure includes four rappels, three of which are along waterfalls, and one dry rock face. Then, it is just a short trek out of the canyon, and head back to the base camp. Enjoy the short drive back to Tabacon, and spend the afternoon relaxing in the hot springs.

No canyoning or rappelling experience is required. Participants usually get wet during this trek, so come prepared with additional clothes and adequate shoes.

Cancellation :

If you must cancel a reservation, the following fees will apply at the time we receive written notice of your cancellation.

On or before May 5, 2010: No cancellation fee, deposit will be fully refunded

May 5-June 16, 2010: \$500

After June 16, 2010: No refunds will be given

No Shows: No refund if you do not show up

Food

There will be 8 dinners, 7 lunches, and 8 breakfasts provided. There will be plenty of options for both vegetarians and meat eaters alike.

Our Legal Limitations

We reserve the right to alter trip itineraries without notice due to road, weather, or other considerations. If we cancel the trip due to a natural disaster, political unrest, or other events beyond our reasonable control, we will refund your payments in full. This shall constitute full settlement. We are not responsible for additional expenses such as nonrefundable air tickets.

.Accommodations

Prices are per person, double occupancy. Trip participants may request a roommate; otherwise we will match you with a roommate of the same sex. 45 days prior to event we can not guarantee a roommate although we will do our best to accommodate. Those who wish to room alone may do so by paying a singles supplement of \$900 at time of registration.

ARENAL MANOA

Arenal Manoa is a beautiful Arenal hotel to relax and enjoy the marvelous view of Arenal Volcano in Costa Rica. Surrounded by gardens, pastures and animals, our rooms have been designed so that each one offers you a panoramic view of the arenal volcano.

Our visitors can take advantage of our spacious gardens for walking and meditation as well as the opportunities to see the daily operations of a typical Costa Rican farm.

Manoa Farm

Before the tourism boom in the area of La Fortuna de San Carlos, the principal income was the milk roduction. This walk goes through the main productive activities of Manoa farm; ornamental lantations, Los Palmitos trail, sheep farm, pigs and chickens, eggs production and milk production.

Flamingo Beach

Situated in the province of Guanacaste on the northwest Pacific coast of Costa Rica, this 120 room resort sits across the from the beautiful golden sands of Flamingo Beach, one of the most picturesque beaches in Costa Rica. Flamingo is located a few miles north of Conchal, and 20 minutes north of Tamarindo.

The resort boasts various amenities including 2 pools, tennis court, rooftop sunset lounge, restaurant, casino, piano bar, pool bar, and a fitness room. In addition to the tours included in the trip, the resort offers daily activities such as yoga, pilates, tennis, pool volleyball, water polo, eco walk, dance lessons, and more. The resort town of Flamingo is home to a few hotels and numerous condo and residential developments, with luxury homes sitting on the hills that surround the town.

Rooms at Flamingo Beach Resort come equipped with flat screen TV's, high speed internet access, remote controlled air conditioning, private bathrooms with tub and shower, AM/FM clock radio, direct dial telephones with voicemail, ceiling fans, mini-bar (fee), in room safe, coffee maker and hairdryer.

Corobici Crowne Hotel

Located just 5 minutes from the financial district and 15 minutes from the Juan Santamaria International Airport, Crowne Plaza Hotel Corobici is the perfect base for your holiday in Costa Rica and the ideal home away from home for business travels.

Nearby attractions include the National Theatre, Cultural Plaza, Gold Museum, Fanal Museum, National Museum, Democracy Plaza, Artisan Market, Jade Museum, La Sabana Metropolitan Park, Simon Bolivar Zoo, Children's Museum, National Cathedral, Multiplaza Shopping Mall, Bird Zoo, Aerial Tram, Irazu Volcano National Park, and Poas Volcano National Park.

The hotel has 213 comfortable guestrooms. All offer cable/satellite TV, CD player, coffeemaker, minibar, bathtub, hair dryer, safe, iron and ironing board, rollaway bed, and turndown service. Connecting rooms and Executive Club level rooms are available.

Crowne Plaza offers a lounge and two restaurants. Fuji Restaurant serves gourmet Japanese cuisine. El Tucan provides a great atmosphere to enjoy a wide variety of international and local dishes. Room service is available 24-hours a day. Hotel amenities include an outdoor swimming pool, casino, souvenir shop, 24-hour medical service, 13 meeting rooms, and free parking. The fitness center, one of the best in Costa Rica, features aerobics, swimming pool, sauna, Jacuzzi, spinning, and beauty salon. Other hotel services include a convenience store, business center, Internet access, concierge, and babysitting.

About Costa Rica:

Legal Entry Requirements: Valid passports are required for all visitors to Costa Rica, regardless of age or country of origin. Airlines traveling to Costa Rica require a passport valid for at least **6 months** after the initial flight date in order to board the flight. United States and Canadian citizens do not need a tourist visa to enter Costa Rica. Visitors from all other nationalities should check with the Costa Rican Embassy, or visit the Embassy's website at <http://www.costarica-embassy.org/consular/visa/default.htm>

Currency: There is no need to convert US dollars to Costa Rican Colones. All places we will visit accept US\$, travelers checks and major credit cards. The current exchange rate is approximately 550 Colones for every US\$1. We recommend that you bring dollars in small denominations.

Weather: San Jose should be in the upper 70s during the day. Due to the altitude, nights can get quite cool. The Arenal Volcano region should be in the low to mid 80s during the day; rain can occur in the rainforest at any time, so come prepared. Nights might be a little cool, in the low 70s, so a light sweater or sweatshirt is recommended. Papagayo should be sunny with temperatures in the high 80s/low 90s with a nice breeze coming off the ocean. Nights will be comfortable.

Health Concerns: No immunizations, shots, inoculations or vaccinations are required to enter Costa Rica. We suggest you check with your physician for individual recommendations.

Electricity and Water: Costa Rica has the same electric system as the United States. Electric outlets provide 120 volts / 60 Hz. You can plug in any electric gadgets (computers, hair dryers, razors) that you might bring. The water from the tap is safe to drink at all three resorts. If you wish to purchase bottled water, it is available in the rooms.

Safety Issues: Costa Rica is a safe country but common sense is always important. You should not bring extravagant jewelry. Hotels provide safe deposit boxes to safe keep your passport and other valuables. Please use them.

Luggage: One checked piece of luggage per person, with a maximum of 50 lbs each. One carry-on per person is allowed.

Gratuities: Gratuities are included for bellmen and chambermaids at each hotel. Gratuities are NOT included for tour guides and bus drivers—they are strongly encouraged but not required.

Packing/Clothing: The Jewish Young Professionals Trip to Costa Rica will be a FUN and casual trip, pack accordingly. Below is our suggested list.

- PASSPORT (**Valid for at least 6 months after arrival in CR**)
- Plenty of underwear and socks
- Jeans
- Shorts (enough to get you through the week)
- Trousers/Sun Dresses
- Shirts (cotton or light synthetic)
- Tee shirts
- Several swim suits
- Sun Screen
- Insect repellent
- Rain gear—poncho or raincoat
- Flip fops/sandals/Teva's
- Old pair of sneakers for rafting (or Tevas)
- Sneakers (hiking shoes if you own them, no need to specially purchase)
- Casual Shoes
- Toiletries
- Dinner and evening party outfits
- Sweatshirt/sweater/light jacket
- Hat
- Camera
- Binoculars
- Day pack
- Dramamine (if you tend to get carsick)
- Plastic Bags (for wet swimsuits)

Travel Protection:

For a worry-free vacation, and peace of mind, we recommend the purchase of our travel insurance. Because unforeseen circumstances may arise; we strongly recommend you purchase this ProtectAssist® Protection Plan. Coverage may be purchased any time up to 24 hours before departure. The package includes the following coverage. The following is a summary of the coverage; some coverages are subject to a maximum benefit schedule detailed on the policy. We will be happy to send you a copy of the fully detailed information on the plan. *Insurance coverage subject to limitations, exclusions and terms and conditions of policy.

Details of Coverage:

- **Trip Cost: Trip Cancellation & Interruption:** Covers you up to a maximum of 150% of trip cost if a trip is canceled or interrupted due to any of the covered unforeseen circumstances such as sickness, injury, death of you or a family member, inclement weather causing cancellation or interruption of travel. Additional detail of covered circumstances is available by request.
- **Trip Interruption - Return Air Only:** Covers the additional transportation expenses incurred by the Insured to the Return Destination for 150% of trip cost or \$750, whichever is greater.
- **Trip Delay:** Reimburses you up to \$150 a day up to a maximum of \$750 for additional accommodations or reasonable travel expenses if you are delayed for more than 5 hours.
- **Missed Connection:** Reimburses you up to \$250 if inclement weather or common carrier causes cancellation or a delay for regularly scheduled flights for three to less than five hours.
- **Baggage & Personal Effects:** Reimburses you up to \$1,000 if your luggage is lost, damaged, or stolen while you are on your trip.
- **Baggage Delay:** Reimburses you up to \$250 for the purchase of essential items if your bags are delayed for more than 24 hours.
- **Medical Expenses:** Covers necessary medical expenses up to \$25,000 up to one year after the sickness or injury provided you sought initial medical treatment while on your trip.
- **Emergency Medical Transportation:** Covers evacuation and transportation up to \$500,000 to the nearest adequate medical facility.

Extra Coverage: When you purchase your ProtectAssist Plan within 15 days* of making your initial trip payment, you also receive:

- **Pre-Existing Condition Exclusion Waiver:** You don't have to worry about Pre-

Existing medical conditions.

- **Trip Cost Financial Default Protection:** Covers you if the tour operator, cruise line or airline declares bankruptcy more than fourteen days after the effective date of coverage under the policy. Must be purchased within fifteen days of initial trip deposit to receive this coverage - see description of coverage for complete details. (Bankruptcy protection is not covered for all suppliers.)
- **Flight Guard:** This addition of \$50,000 will cover you and your family in the event of loss of life while you are traveling in the air.
- **Missed Connection:** This benefit will increase in coverage to \$500.

Optional Coverage (extra costs required and certain states exclude these options):

- **Flight Guard (\$9 per \$100,000 of coverage):** Coverage of up to \$500,000 in the event of loss of life while you are traveling in the air.
- **Car Rental Collision Coverage (\$9 per day, per car):** Covers collision damage to a rental car for which the car rental contract holds you responsible. \$35,000 in primary coverage, subject to \$250 deductible.
- **Umbrella Package (cannot be purchased separately):** Medical expenses and emergency medical transportation benefits are doubled and medical coverage is upgraded to primary coverage.
- **Cancel for any Reason (Multiply 1.4 by the base plan cost):** Provides reimbursement of 50% of trip cost if you decide to cancel for any reason up to 48 hours prior to departure.
- **Cancel for Work Reasons (\$24 per adult):** For travelers who want trip cancellation and interruption coverage in the event they must cancel due to business-related reasons. (not available in New York) **Family Coverage Included:** At no additional charge, the plan covers all children 17 and under who are traveling with and related to the primary adult named on the enrollment form.

Trip Cost Per Person: +\$7 fee	AGE						
	0-34	35-59	60-69	70-74	75-79	80-84	85+
\$0*	\$16	\$24	\$29	\$35	\$53	\$65	\$79
\$ 1-\$500	\$24	\$36	\$40	\$51	\$60	\$91	\$102
\$ 501-\$1,000	\$41	\$52	\$65	\$89	\$108	\$139	\$172
\$ 1,001-\$1,500	\$53	\$71	\$89	\$117	\$154	\$183	\$242
\$ 1,501-\$2,000	\$72	\$94	\$123	\$166	\$201	\$238	\$311
\$ 2,001-\$2,500	\$92	\$118	\$152	\$205	\$248	\$294	\$381
\$ 2,501-\$3,000	\$111	\$139	\$181	\$245	\$295	\$347	\$453
\$ 3,001-\$3,500	\$130	\$148	\$211	\$284	\$340	\$402	\$522
\$ 3,501-\$4,000	\$148	\$162	\$240	\$323	\$388	\$467	\$592
\$ 4,001-\$4,500	\$165	\$185	\$303	\$362	\$434	\$528	\$662
\$ 4,501-\$5,000	\$184	\$206	\$340	\$401	\$481	\$590	\$731

Cancellation

The following cancellation policies apply regardless of when you registered, even for

Policy

personal emergencies. Nor is there a refund for leaving a tour early or arriving late. The cancellation policy is based on the money that was due and not the money that our operator, Steppin' Out has in hand and you are still obligated to pay the balance due. For example, if you signed up for a trip and only gave a deposit, and then didn't cancel until 80 days prior, you would owe Steppin' Out 50% of the full trip cost.

Cancellation policy is as follows:

Prior to 120 days to the departure date: \$55 administrative fee will apply.

- **120-90 Days prior to departure date: all but 25% of the full land fee will be returned.**
- **90-60 days prior to departure date: 50% of full land fee will be retained**
- **61 days on prior to departure date: No refunds. If ticket has been purchased, you will receive the ticket.**

Responsibility: All tickets and vouchers covering ground transportation, hotel accommodations, lift tickets or other items in the package are issued by Steppin' Out only as an agent for such companies furnishing such services. Neither they nor their subagents shall be held liable for loss or damage to property or injury to person caused by reason of any defect by any transportation company, lodging company, car company, ski area, agent or any service/item in the package outside their direct control. Steppin' Out reserves the rights to make changes and alterations in the itinerary that are found necessary for proper handling of tours. In such an event, substitute services or equal or greater value will be furnished, or refunded, but the alternate services will still fall under the liability statements above. Steppin' Out shall not be liable for any loss, damage, injury, accident, delay or irregularities which may be occasioned by reason, defect, or through acts of omissions of any person or company described in the confirmation. In the event of a group or bulk ticket, Steppin' Out is not responsible for any default of the airline. Should a dispute arise, venue shall be in the State of Illinois

Before you go tips

- Sign waiver and make sure it is returned to Steppin' Out at least 3 weeks prior to the trip.
- Find out the access code to reach an international operator for your calling card, or purchase a calling card that will work out of the country.
- Get some small currency (\$bills) for purchasing along the way. Traveler checks are good for insurance sake, but you get a low exchange rate.
- Visit the travel resource page on the Steppin' Out home page to read CDC reports, weather reports, electrical voltage etc. www.steppinoutadventures.com

YES, I'd like to join the Costa Rica Program!

Please complete this application and send it to us with your payment to Steppin' Out , in **U.S. dollars**. Our street address is: 3721 Military Road NW, #B, Washington, DC 20015,.

First Name:			Middle Name:			Last Name:		
Date of Birth:			Country of Birth:					
Date of Birth:								
Current Address:			City					
State:			Zip:			Country:		
Private-Telephone:			Home:					
Mobile Phone:			Do you receive Text Messages?					
Office-Telephone								
Fax:			E-mail:					
Emergency Contact:			Relationship to Contact:					
Contact's Hm Phone:			Contact's Cell:					
Health Insurance Carrier and Policy Number:								
Health Insurance Phone Number:								
Physician's Name and Number :								
List other destinations that you have traveled to:								
What do you hope to get out of this trip?								
Please let us know about any of the following:								
Allergies			Symptoms of Allergy			Treatment		
1.								
2.								
Any Medication taking			Generic Name of Med			Dosage		
1.								
2								
3								
List any dietary restrictions:								
List any physical disabilities/impediments								
Do you have a roommate request?								
Smoker () Non- Smoker ()								

PLEASE FAX BACK TO 877.264.7694

PAYMENT AND AGREEMENT

- \$1950 base price per person based on cash or check. Add 4% for credit card use**
- Add \$750 for single supplement**
- Add travel insurance according to chart**

TOTAL: _____

Tour Choices: Tour selections are final and may not be changed.

While at the Volcano (1 out of 3) ___ white water rafting ___ Hanging Bridges ___ Canyoning

While at the beach (2 out of 3) ___ Snorkeling ___ Horsebackriding ___ Canopy Tour

Check one of the two options:

I, _____ am sending a check for the amount totaled above payable to **Steppin' Out Adventures** at 3721 Military Rd., NW #B Washington, DC, 20015. I will provide my credit card information below as a guarantee that the check will be sent, but I understand it will not be charged, unless Do Good Adventures does not receive my check within 10 business days from the date above. Do Good Adventures will notify me before charging.

I, authorize Do Good Adventures DBA Steppin'Out to charge my credit card with an additional 3.7% added to the base price which totals _____.

AGREEMENT: Please initial

_____ I understand that if payment is not received by Steppin' Out within 8 business days, and/or should the trip offer an installment plan, and I am late with one of the installments, Steppin' Out has the authority to charge my credit card with a 4% transaction fee.

_____ If I received an early bird discount, I agree to provide all information and payments accordingly, and should Steppin' Out need to remind for payments, etc. then the early bird discount will no longer apply.

_____ I agree to the cancellation policy in this document and understand that if I cancel before payment has been made in full, that I am still obligated to pay the percentage/balance due.

_____ I understand that this is a group trip and if I opt out of an activity, there will be no refunds for an activity not done. Should the group decide while there as a whole to do a different activity, the price of the new activity will be paid for individually.

_____ I understand that small group travel provides flexibility, but also understand that reservations have been made and that this is an active trip, to accomplish all the great things we want to do, I will adhere to the group time schedule.

_____ I understand that the cancellation policy is as follows: Prior to 120 days, only a \$100 admin fee will be incurred, 120-90 Days prior to departure date, all but 25% of the full land fee will be returned; 90-60 days prior to departure 50% of full land fee will be retained, No refunds 61 days on prior to trip If ticket has been purchased, you will receive the ticket.

Responsibility: All tickets and vouchers covering ground transportation, hotel accommodations, or other items in the package are issued by Steppin' Out only as an agent for such companies furnishing such services. Neither they nor their subagents shall be held liable for loss or damage to property or injury to person caused by reason of any defect by any transportation company, lodging company, car company, resort area, agent or any service/item in the package outside their direct control. Steppin' Out reserves the right to make changes and alterations in the itinerary that are found necessary for proper handling of tours. In such an event, substitute services or equal or greater value will be furnished, or refunded, but the alternate services will still fall under the liability statements above. Steppin' Out shall not be liable for any loss, damage, injury, accident, delay or irregularity which may be occasioned by reason, defect, or through acts of omissions of any person or company described in the confirmation. In the event of a group or bulk ticket Steppin' Out is not responsible for any default of the airline. Should a dispute arise, venue shall be in the State of Illinois.

IF YOU ARE SENDING A CHECK, YOU MUST STILL PROVIDE A CREDIT CARD # for HOLD

I have read and agree with the agreement section of this document and authorize payment as indicated in the checked off box above. **Mastercard or Visa Only**

Credit card Number _____ exp. Date _____ Security Code: _____

Client's Signature Agreeing to the above with date

PRINTED NAME

PER OUR INSURANCE REQUIREMENTS, IT IS REQUIRED THAT YOU FILL OUT ONE WAIVER FORM FOR EACH EVENT. PLEASE MAKE COPIES FOR FUTURE EVENTS. THANK YOU. WE APPRECIATE YOUR HELP. PLEASE FILL OUT COMPLETELY.

PARTICIPANT AGREEMENT, RELEASE AND ACKNOWLEDGEMENT OF RISK

In consideration of the services of Steppin' Out, Ltd., their agents, owners, officers, volunteers, participants, employees, contractors and all other persons or entities acting in any capacity on their behalf (hereinafter collectively referred to as "Steppin Out"), I hereby agree to release and discharge Steppin' Out on behalf of myself, my children, my parents, my heirs, assigns, personal representative and estate as follows:

1. I acknowledge that **EVENT:** _____ **on the following dates:** _____ entails known and unanticipated risks which could result in physical or emotional injury, paralysis, death or damage to myself, to property, or to third parties. I understand that such risks simply cannot be eliminated without jeopardizing the essential qualities of the activity. Furthermore, Steppin' Out guides have difficult jobs to perform. They seek safety, but are not infallible. They might be ignorant of a participant's fitness or abilities. They might misjudge the weather, the elements, or the terrain. They may give inadequate warnings or instructions, and the equipment being used might malfunction.
2. I expressly agree and promise to accept and assume all risks existing in this activity. My participation in this activity is purely voluntary, and I elect to participate in spite of the risks.
3. I hereby release, forever discharge, and agree to indemnify and hold harmless Steppin' Out from any and all claims, demands, or causes of action, which are in any way connected with my participation in this activity or my use of Steppin' Out's equipment or facilities, including any such Claims which allege negligent acts or omissions of Steppin' Out.
4. Should Steppin' Out or anyone acting on their behalf, be required to incur attorney's fees and cost to enforce this agreement, I agree to indemnify and hold them harmless for all such fees and costs.

I certify that I have adequate insurance to cover any injury or damage I may cause or suffer while participating, or else I agree to bear the costs of such injury or damage myself. I certify that I have no medical or physical conditions which could interfere with my safety in this activity, or else I am willing to assume - and bear the cost of - all risks that may be created, directly or indirectly, by any such condition.

By signing this document, I acknowledge that if anyone is hurt or property is damaged during my participation in this activity, I may be found by a court to have waived my right to maintain a lawsuit against Steppin' Out on the basis of any claim from which I have released them herein. I agree that if any portion of this agreement is found to be void or unenforceable, the remaining portion shall remain in full force and effect.

I have had sufficient opportunity to read this entire document. I have read and understood it, and I agree to be bound by its terms.

Signature of Participant: _____ Print Name: _____

Participants Address: _____ Current Date: _____

City, State & Zip _____

Health Insurance Provider/Carrier: _____ Policy Number: _____

Health Insurance Provider/Carrier Telephone Number: _____

Social Security # _____ Date of birth _____

In case of emergency, please contact (specify relationship); _____

Emergency contact's telephone number: _____

Steppin' Out: An Adventure Experience
For Reservations and Information call 877.264.7694
Reserve 24 hours a day at www.SteppinOutAdventures.com

Address: 3721 Military Rd NW #B, Washington, DC 20015 Fax: 877-264-7694