

VISIT THE WORLD TRAVEL ADVENTURES

ISRAEL'S MAGICAL ADVENTURE



The Middle East, a cradle of civilization, has always been a romantic and mysterious setting for the adventure traveler. The Israel Outdoor Adventure Trip is about experiencing this region in body, mind and spirit--

We don't see Israel from a bus, we take in the pulse of the region by experiences... hiking amazing landscapes from lush mountains to desert, indulging in authentic food from dozens of ethnic backgrounds; discovering the arts and crafts of the communities, and climbing or walking through historical sites, and even partaking in a service project that will put you in closer touch with the people and how they live their daily lives. And all this with the camaraderie of old and new friends.

If you're a first time Israel visitor... this is the way to see it. You'll see all the Must-Sees, plus so much more. If you've been to Israel before, we can guarantee you've never experienced an itinerary like this. We spend 3 days up north at the Sea of Galilee and in the mystical town of Tsfat, 2 days exploring the ancient and modern city of Jerusalem, 2 in the middle of the country in the famous Negev desert and 2 days south from Masada and the Dead Sea, followed by an optional extension of relaxation in the resort town of Eilat.

Day by Day Itinerary

DAY 1: THE COASTAL PLAIN –

We come together as a group in the Tel Aviv region/or airport. From Tel Aviv we start our trek northwards along the coast to Caesarea, an ancient Roman amphitheater breathtakingly located on the Mediterranean beach. From Caesarea, we continue northwards to Zichron Yaccov, a picturesque village in the Carmel Mountains where we will enjoy a walking tour, a group lunch and a winery tour & tasting at the Carmel winery. We then make our way to our first exciting hike to Mt. Arbel, a mountain in the Lower Galilee near Tiberias that has split into two after an earthquake. We climb from the top to the bottom, enjoying the breath taking view of the Sea of Galilee below. After our exhilarating hike, we have some time to relax a bit at the hotel before we make our way to a lovely fish restaurant on the shores of the Sea of Galilee. Overnight: Ein Gev Guest House (on the shores of the Sea of Galilee) B, D

DAY 2: Rappelling and Galilee-

The morning begins with a hike up water-filled Nahal Zavitan where we will be rappelling at a world-class rappelling point in the Yehudia Canyon. Lunch boxes will be provided for the 6-hour trek through the beautiful Black Canyon. We'll take in other sites of the Golan Heights and explain the territory before we head to the Druze community for a traditional Druze dinner. Set in the picturesque Carmel Mountains, participants have the unique opportunity to meet with members of the local Druze community, one of Israel's most fascinating minority populations. We will learn about the Druze way of life and hear a unique perspective on what it means to live as a minority in Israel. Overnight at Ein Gev Guest House. Meals included: Breakfast, Lunch, Dinner

Day 3: Tsfat and Service Project

We start the morning off early in the mystical city of Tsfat for a walking tour and visit to the local artist colony. Located in the green hills overlooking the Sea of Galilee, Tsfat has long been a center of Jewish mysticism and intrigue. This ancient city is full of stone alleys, rich history, and colorful legends. In more recent times, a unique artist colony has found a home in Tsfat. A fascinating stroll... afterwards we will partake in a Service Project. Details will be determined closer to the date, but could include working alongside or under the direction of soldiers and perform duties such as packing food rations or medical kits, changing spare parts, gardening, painting, or cleaning. Or working with an Ethiopian absorption center. In the evening we meet with some of the original families who started the kibbutz in 1948. Meals included breakfast and dinner.

** We are also trying to arrange a session of learning Israeli Self Defense (Krav Maga) with soldiers at an army base.

DAY 4: Sea of Galilee -

We start out with a hike along Nahal HaKibbutzin in the mountains of Gilboa. The hike crosses the Gilboa woods and nature reserve of the Gilboa.. Mount Hermon 2,500 meters above sea level on the frontier of Syria, Lebanon and Israel is seen. (optional bike ride). Along the way we will stop at the small orchards, plantations and kibbutzim around the Sea of Galilee as we begin our transfer southward to Jerusalem. We arrive in Jerusalem for a welcome ceremony at the Haas promenade (overlooking the Old City) followed by check-in at the Harmony Hotel Jerusalem. Before we head out to explore the city at night, we will have some time to freshen up and have the opportunity to donate blood for the Magen David Adom Blood Bank. Since Magen David Adom has the only blood bank for the entire country, it is important for people to donate while they are visiting. As their slogan goes, THE BEST GIFT TO BRING BACK FROM ISRAEL IS THE ONE YOU'LL LEAVE BEHIND. We'll celebrate life and saving lives and hit the town. Meals included breakfast and dinner.

DAY 5: JERUSALEM -

We then step backwards in time as we enter the Old City via the Zion Gate. In the Jewish Quarter, we will begin to make our way through alleys, rooftops, and courtyards, the ancient history and modern revival of Jerusalem will come alive before our eyes. The Old City tour culminates with a visit to the Western Wall

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and going back to the original "Old City" that dates back to the time of King David well before the Common Era. To access the original "City of David" you need to go underground a bit...including a walk through King Hezekiah's water tunnel. The tunnel was built in order to move water from a natural spring source to a place where it could be used by the people. Today, we can walk through the pitch dark tunnel filled with knee deep (and sometimes waist deep) water. Think of it as Jerusalem's version of a water park. You can pick up lunch in the Jewish quarter.

You'll have some afternoon free time to either stay in the Old City or go to the Modern Jerusalem and visit to Israel's stunning Supreme Court building and then to the Israel Museum's newly remodeled Dead Sea Scrolls wing, and possibly the Knesset..

We'll have dinner at Between the Arches or similar restaurant (breakfast and dinner)

DAY 6: MODERN JERUSALEM -

- We begin our day with a visit to the Yad VaShem Holocaust memorial followed by a visit to nearby Har Hertzl, the cemetery that commemorates Israel founders, leaders, and military heroes. Then we will do some tree planting in the Jerusalem Bird Observatory. We have the afternoon to roam the markets. Nothing defines Jerusalem modernity more than the Machane Yehuda "shuk" or marketplace. Everything edible is for sale at Machane Yehuda, including super fresh produce and plenty of local delicacies.

- Dinner at Ruth House; - Overnight: Harmony Hotel. Breakfast and dinner included

DAY 7: NEGEV -

- We rise early for a sunrise ascent up Masada's Roman Snake Path trail. After recounting the moving story of Masada from the summit, we make our way down the Snake Path route and head for a "float" on the Dead Sea, the lowest place on earth. Before traveling deep into the Negev, we will hike around the chalky slopes of Mt Sodom. We'll partake in desert orienteering exercise and camp out dinner where we will spend a night under crystal clear stars in the Tzin Valley. Breakfast, lunch., dinner

DAY 8 THE DESERT EXPERIENCE -

We wake up to our remote campsite and begin our amazing full day desert hike experience. We travel through the desert as our ancestors traveled for 40 years, all we can see is the beautiful landscape, hidden oasis' and abundant animal life. .We cap the day off by pampering at the Neve Midbar Hotsprings with four thermal mineral water pools,(40-46 Celsius) including one outdoor pool and a children's pool. The waters originate in natural underground pools and are said to be over 10,000 years old. **Massage treatments available by prior arrangement.** Overnight at Ramon Inn Spa

DAY 9: Eilat and TIMNA PARK -

We rise early, eat breakfast, and our main trip ends with a transfer back to Tel- Aviv where we will have time to either do a walking tour around Tel Aviv or Jaffa depending on flight times.

Those who want to continue will begin the transfer towards Eilat via the lower Arava valley. Before reaching Eilat, we break at Timna National Park with a hike through the red and white colored sandstone canyons of Wadi Amir. Then we will participate in an unforgettable desert Jeep Ride -- breathtaking desert scenery, granite and Sandstone Mountains, mountain goats and gazelles. We finally arrive at Eilat, a tropical beach resort on the Red Sea. Overnight: Holiday Inn Patio

Day 10 EILAT -

Free day in Eilat to explore the beaches, snorkel, scuba dive, windsurf, or just relax. Sure to be a highlight! Overnight: Holiday Inn Patio Eilat (some may want to do a day in Petra. Optional day trip can be arranged)

Day 11: TEL AVIV We start the final day of the trip with a morning hike to the summit of Mt Shlomo with a stunning overlook on the Red Sea and Israel's surrounding neighbors. We will fly back giving time to explore some of Tel Aviv) for a quick tour and dinner on the Jaffa seaport for a farewell dinner before transferring to the airport for an early morning flight home.

Trip Details

- Trip Length:** 11 days, 10 nights
If you need to leave earlier we can work out a pricing for leaving after Eilat
- Dates of Trip:** June 9-19, 2010
- Cost:** \$2975 (until April 1, than increase by \$175)
- Single Supplement** \$485 (not sharing a room)
\$100 Eilat Extension
- Meeting Place/Time** Ben Gurion airport (TLV), by 9:00 am day 1 (depending on majority of group arrivals)
- Depart From:** Ben Gurion airport (TLV) , after 10:00 **pm** departure day
- Getting There:** You can find decent airfares with only one stop in Europe from most of the European airlines. Shoshana Segal, a travel agent is often able to get consolidated fares. First try on-line, or www.sidestep.com , and then tell her the best that you were able to find and see if she can do better. Her email is shoshana.segal@comcast.net and her phone is 847.470-0441.

Many of the European flights arrive in the afternoon, which means that you will have to arrive the day before. We can still pick you up at the airport and help you get a hotel in Tel –Aviv (additional cost).

- Price Includes:** Hotel accommodation based on double rooms in hotels as listed, meals and entrance fees as listed in itinerary guide and minibus/driver daily,
- For Eilat extension includes hotel, flight back to Tel Aviv activities as indicated (jeep ride, etc.)

- Price Does NOT Include:**
- International and domestic airfare
 - Hotel the night before or after trip starts, approx. \$150 a night.
 - The itinerary includes two meals a day, breakfast and either lunch or dinner. The third meal is on your own.
 - Travel insurance is not included but strongly recommended.
 - Alcoholic drinks and souvenirs are not included.
 - Optional Tours: For those who would like to experience another region
 - Gratuities

- Group Travelling** Our groups are small in order to be flexible and spontaneous at times. Small groups allow more interaction with the communities as well as the ability to keep an active itinerary. Singles and Couples are welcome!

- Trip Fitness Rating:** **Level of Physical Activity:** Access to some accommodation and sites might require climbing and rocky footpaths. Most of our hikes are a few hours, longer one in the desert (but so worth it!) . Biking you will be able to do as much or as little as you want, a support van will be following.

This is a rigorous schedule with little down time. We try to fit in breaks for people to relax during the heat of the afternoon, and often that is why dinner is not included, so you can be on your own schedule. But we also want to show you as much of the country as possible.

- Passport Info:** A valid passport is required for travel. Please make sure that your passport expiration date is at least six months beyond the date of return.
If you do not have a passport, you will need to acquire one for international travel. United States citizens can usually apply for a passport at a number of facilities including many Federal, state and probate courts, many local post offices, some libraries and many county and municipal offices. Apply early! Depending on the agency used, you will receive your passport within 5-6 weeks. If expedited service is necessary, you must apply in person at one of 13 passport agencies found in most major cities. You must present your airline tickets or airline generated itinerary and the other required items for the application. You need to make an appointment with your passport agency for expedited service. If you do not live near a passport agency, you can use an overnight delivery service and your local passport acceptance facility. An additional \$35 is charged for expedited service per application. Further information and your local passport processing facility can be found on the website of the U.S. Department of State:

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<http://www.state.gov/index.cfm>

Visa A passport is required, but no visa is needed for tourist or business stays of up to three months.

Also, if you plan to travel to Israel on a US or Canadian passport, you do NOT need a visa to enter Israel. If you are traveling on a passport from another country (e.g. Russia, Ukraine, etc.) you may need to obtain a visa to enter Israel (see [Israel Visa Requirement List](#)). If you will be traveling to Israel on a US Travel Document, you will definitely need a visa.

Immunizations

- No special vaccinations are required in necessary in Israel. However we recommend that you come to Israel with an up to date Tetanus shot.
- Check with your health care provider, and/or visit a travel immunization clinic.
- If possible, get a prescription for a broad-spectrum antibiotic.

Weather and Preparation:

Average Temperatures

The Israeli climate is temperate, and temperatures all year round are reasonable. Israel has two main seasons: Winter from November to March, is cold and rainy in most parts of the country; Summer from April to October is hot and dry with little or no rainfall. The desert areas can be extremely hot in summer time. The best time to visit is March-June or October-November, although climate shouldn't be a major consideration in choosing a time to visit.

SPRING/FALL (late Mar/Apr/May & late Sep/Oct/Nov): Daytime temperatures will be very pleasant: 60°-80°-ish in most of the country (still hot, though, at the Red and Dead Seas). Jerusalem could be will be in the, 50°s in the evening.

Currency:

How to bring it...

The best money solution in Israel is to bring a credit card and/or ATM card. In terms of credit cards, Visa and Mastercard are accepted everywhere in Israel. It's a good idea to call your credit card company before you leave to let them know that you are travelling to Israel (otherwise they may think it's fraud and suspend your account). In terms of ATM cards, most will work in Israel, but you should definitely call your bank ahead of time just to make sure the card will work in Israel (note: Any ATM card with a Visa or Mastercard logo will work for sure).

Accommodations

Our accommodations are simple and convenient. We are staying at kibbutz guest houses and simple hotels, where you will feel quite at home and comfortable as well as getting a sense of what the people of Israel are like.

Electricity

If you plan to bring small electrical appliances to Israel, keep in mind that Israel uses a 220 volt electrical current and the outlet types are different as well (two circular prongs). In order to avoid "frying" any electrical items, bring a voltage converter (note: this is already built into most laptop computers). You will also need a simple adapter to plug your items into the wall.

Staying In Touch

To call Israel from the states you would dial 011-972 and then the city code

CALLING CARDS

You can purchase a calling card when you land in Israel at the airport, or you can order one before the trip through our partner "Net2Phone". If you do plan on calling home, we recommend ordering a calling card ahead of your trip as we have found the rates to be much more competitive. Family and friends who wish to call you in Israel may also want to purchase a calling card through "Net2Phone". The rates for calling card calls are as follows: <http://www.israeloutdoors.com/callingcard/>

- > Calls from Israel to the USA (land line & cell phone): .14 cents/min
- > Calls from the USA to Israel (land line): 9.9 cents/min
- > Calls from the USA to Israel (cell phone): 15.9 cents/min

CELL PHONE RENTALS

Renting a cell phone is the easiest way to keep in touch with your friends and family while you are in Israel. We have negotiated a discount with a local Israeli cell phone provider named "Israel Phones". It's cheap and easy.

Incoming calls are completely FREE, and there are NO daily usage fees if you order in advance. It does cost money to make outgoing calls (see below). The phones can be rented for the duration of the 10-day trip and can be extended for as long as you stay in Israel. Also, once you rent the phone, you will receive the phone number before you depart, and the actual phone and charger will be personally delivered to you immediately after you land in Israel. It's very convenient.

- Rental fee: FREE
- All incoming calls: FREE
- Calls to USA or Canada: 39 cents/min
- Calls within Israel: 19 cents/min
- Refundable deposit (penalty for lost / stolen phones): \$100
- If you are extending your stay in Israel after the group trip ends, you can keep your phone, but a \$1/day rental fee will apply

All rates already include tax!

To order a cell phone rental through "Israel Phones", please sign-up through the following registration site: <http://www.israelphones.com/io.htm> (note: you need to know the "TL code" for the trip).

SPECIAL NOTE: Order online more than 5 days in advance of your departure to receive a phone with NO daily rental fees for the scheduled group trip! If you forget to order in advance, there will be a limited number of phones available in Israel that you will be able to rent on the spot, however, a \$1/day rental fee will apply, and we can not guarantee that there will be enough phones to go around. The point is that you should rent your phone in advance at: <http://www.israelphones.com/io.htm>

FOOD AND WATER

Israeli tap water is perfectly safe to drink, and Israel's fresh fruits and vegetables are world-class. They are outstanding and you'll be spoiled when you return to the states. Bottled water is available everywhere too. If you prefer bottled water, it is widely available and is quite inexpensive. We recommend buying a bottle of water when you arrive and refilling it with tap water for the rest of the program.

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About THE COUNTRY

Everyone has their own perception of what Israel is about: it's a travel-agency package of beaches and sun; it's the Promised Land of the Jews; it's a ticking time bomb. And while it is all of these things, it's much more besides. So be sure to look beyond the larger-than-life figures of the past.

Israel is a bustling, noisy, modern country. It's best not to arrive with preconceptions of spiritual epiphany. If you do, you'll almost certainly have them confirmed, but in doing so you run the risk of missing the best this fascinating place has to offer.

Language

The language of the country is Hebrew, but most people do know some English.

Remember, if you're visiting another place, whether at home or abroad, you're visiting someone else's home. That's the fact. And the more you remember that, the easier it'll be for you to make friends and contacts. So learn some expressions in the local language. You don't need to be fluent. But there's no doubt that your trip will be far more exciting, and people you meet will be far more interested in you, if you speak some of their language.

For tips on learning language for travel, check out [Peace Through Travel's LingoLinks](#) and [5 Sure-Fire Tips for Learning a Foreign Language](#).

SAFETY

We work with the outfitter that is hired by the school system to take school groups out on field trips. Each group's itinerary is approved two weeks before the trip and re-

approved each morning of the trip by a special "Situation Room" that is operated by the Israeli Defense Forces on behalf of birthright Israel. Our overnights will always be outside of the major cities, either in small towns, agricultural communities, or in the wilderness.

The program itinerary does not include visits or travel anywhere near or inside of the within the West Bank and Gaza Strip.

While the program does make visits to Jerusalem and Tel Aviv, our travel within the major cities is generally confined to closed areas with special protection (e.g. the Western Wall, Yad VaShem, etc.). We never travel in crowded public areas, and we always travel on our own private busses.

Because we provide primarily an "outdoors" experience, we will spend most of our touring time in the kinds of regions in Israel where security concerns are very, very limited.

Finally, it is important to remember that over the past four years, more than 60,000 people have visited Israel without a single security-related incident. Behind this statistic is a truly iron clad commitment. In fact, for better or worse, most of our participants complete the 10-day program without being able to detect any evidence of tension in the region.

How do I join this trip?

Please mail or fax the registration material at the end of this packet to 877.264.7694 to reserve a space. We need the following:

- Participant contract/profile
- Payment (generally in full, though installments can be worked out)
- Signed waiver form
- 2 clear copies of your passport

Special Requests:

If you have any special dietary needs or any special requests, let us know.

How to pack

You're going to be in Israel for a relatively short period, and since we are changing accommodations on a fairly regular basis, you'd probably like to come back from Israel with more than memories of lugging around a heavy duffel bag or suitcase. In other words, please try to keep it light. We recommend that you bring no more than one main piece of luggage (new regulations may only allow one free bag, check with your airline carrier) as well as a small carry-on bag for the flight and for day trips. A change of clothes and some essentials in your hand luggage are a good idea in case your main luggage gets delayed for a day or two. Don't forget that all valuables and important papers should stay in your hand luggage or in your pockets.

- A standard airline-regulated carry-on suitcase and a medium size backpack. We suggest a large duffel-type bag or other soft-sided type of luggage and a smaller daypack. On overnight stays we will transport your luggage from point to point via jeep or car, however, please keep in mind that it will be your responsibility to carry your own luggage. For our day trips, a daypack will be necessary to carry cameras, film, sunscreen, swimsuit, etc.
- Wheels are nice for the airport, but some of our locations are not going to have paved sidewalks.
- Less is better, since we will be moving around and you might want to save space for gifts. We are a very casual group

What to Bring – Clothing and Equipment

The following checklist has been prepared in order to help you procure the proper equipment and clothing needed to make your trip an enjoyable and comfortable experience. Please check your equipment carefully to make

sure that it fits well and is in good working condition before arriving for your trip. We will supply all group equipment, including food, support vehicle, and emergency medical supplies.

- Valid passport and copy of passport
- Extra passport picture
- Wrap your toiletries in plastic bags separately, so if anything spills, it doesn't get over everything. Bring extra plastic bags (wet bathing suits, etc.)
- Wet ones and/or hand sanitizer gel
- Power bars/granola. It's bound to happen, you're hungry when others aren't.
- Purse or pouch to carry your passport and travelers checks
- Flashlight
- Travel alarm
- Toiletries: toothbrush, toothpaste, shampoo, hairbrush, moisturizer, etc...
- Camera and film with **extra batteries** for your camera and binoculars
- Personal first aid kit: aspirin, ibuprofen, Band-Aids, antihistamine tablets, prescription medications clearly marked in their original containers, caladryl, moleskin, etc...
- Extra copy of your prescription for any medication...written in generic drug terms
- Extra pair of glasses and/or contact lenses
- Water bottles or camelback™ or at least a holder for your water bottle
- Sunglasses with UV protection and retainer leash (such as Croakies™)
- Sunscreen (SPF 15 or higher) and lip balm with UV protection - this is a must!
- Insect repellent
- Towel (2)
- Outerwear: Raingear, hat, mountain clothing (waterproof wind jacket, polar fleece sweater etc.)
- Trekking shoes
- Swimsuit
- Casual Clothing
 - Bring light, comfortable clothes that can withstand a little splash of olive oil, mud and dust. Basics are "layers" that can easily be washed by hand if necessary. Check the average temperature chart for the time you will be visiting us.
 - Bring clothes that do not wrinkle much (if wrinkled clothes bother you) because irons are not readily available. Perhaps bring one nicer, fancy-casual outfit for dinners
 - The basics could include: 2 pair of shorts, 1 pair of light pants, 2 short-sleeve shirts, 1 long-sleeve shirt, 1 warm sweater that matches everything, a pair of comfortable shoes with strong, skid-proof soles for walking in the villages, ancient stone pathways, farms or hiking rocky paths. There are shops around if you forget something but not a lot of time for shopping.
- Optional: Small binoculars, compass, star chart, pocket knife

Suggestions for on the plane

- Wear comfy clothes.
- Bring toiletries, like toothpaste, toothbrush, washing up during the long

flight helps. Remember that you can't take liquid over 100 ml with you.

- Bring an ipod or the like with your favorite tunes--it helps time pass
- Some snacks
- Travel pillow
- Put light clothes in a readily available space (or pack it on top of your suitcase). You may want to change when you get there without having to go through your entire suitcase.
- Earplugs
- Stuff to read; NO work
- Small notepad

Travel Protection:

For a worry-free vacation, and peace of mind, we recommend the purchase of our travel insurance. Because unforeseen circumstances may arise, we strongly recommend you purchase this ProtectAssist® Protection Plan. Coverage may be purchased any time up to 24 hours before departure. The package includes the following coverage. The following is a summary of the coverage; some coverages are subject to a maximum benefit schedule detailed on the policy. We will be happy to send you a copy of the fully detailed information on the plan. *Insurance coverage subject to limitations, exclusions and terms and conditions of policy.

Details of Coverage:

- **Trip Cost: Trip Cancellation & Interruption:** Covers you up to a maximum of 150% of trip cost if a trip is canceled or interrupted due to any of the covered unforeseen circumstances such as sickness, injury, death of you or a family member, inclement weather causing cancellation or interruption of travel. Additional detail of covered circumstances is available by request.
- **Trip Interruption - Return Air Only:** Covers the additional transportation expenses incurred by the Insured to the Return Destination for 150% of trip cost or \$750, whichever is greater.
- **Trip Delay:** Reimburses you up to \$150 a day up to a maximum of \$750 for additional accommodations or reasonable travel expenses if you are delayed for more than 5 hours.
- **Missed Connection:** Reimburses you up to \$250 if inclement weather or common carrier causes cancellation or a delay for regularly scheduled flights for three to less than five hours.
- **Baggage & Personal Effects:** Reimburses you up to \$1,000 if your luggage is lost, damaged, or stolen while you are on your trip.
- **Baggage Delay:** Reimburses you up to \$250 for the purchase of essential items if your bags are delayed for more than 24 hours.
- **Medical Expenses:** Covers necessary medical expenses up to \$25,000 up to one year after the sickness or injury provided you sought initial medical treatment while on your trip.
- **Emergency Medical Transportation:** Covers evacuation and transportation up to \$500,000 to the nearest adequate medical facility.

Extra Coverage: When you purchase your ProtectAssist Plan within 15 days* of making your initial trip payment, you also receive:

- **Pre-Existing Condition Exclusion Waiver:** You don't have to worry about Pre-Existing medical conditions.
- **Trip Cost Financial Default Protection:** Covers you if the tour operator, cruise line or airline declares bankruptcy more than fourteen days after the effective date of coverage under the policy. Must be purchased within fifteen days of initial trip deposit to receive this coverage - see description of coverage for complete details. (Bankruptcy protection is not covered for all suppliers.)
- **Flight Guard:** This addition of \$50,000 will cover you and your family in the event of loss of life while you are traveling in the air.
- **Missed Connection:** This benefit will increase in coverage to \$500.

Optional Coverage (extra costs required):

- **Flight Guard (\$9 per \$100,000 of coverage):** Coverage of up to \$500,000 in the event of loss of life while you are traveling in the air.
- **Car Rental Collision Coverage (\$9 per day, per car):** Covers collision damage to a rental car for which the car rental contract holds you responsible. \$35,000 in primary coverage, subject to \$250 deductible.
- **Umbrella Package (cannot be purchased separately):** Medical expenses and emergency medical transportation benefits are doubled and medical coverage is upgraded to primary coverage.
- **Cancel for any Reason (Multiply 1.4 by the base plan cost):** Provides reimbursement of 50% of trip cost if you decide to cancel for any reason up to 48 hours prior to departure.
- **Cancel for Work Reasons (\$24 per adult):** For travelers who want trip cancellation and interruption coverage in the event they must cancel due to business-related reasons.

Family Coverage Included: At no additional charge, the plan covers all children 17 and under who are traveling with and related to the primary adult named on the enrollment form.

Trip Cost Per Person: +\$7 fee	AGE						
	0-34	35-59	60-69	70-74	75-79	80-84	85+
\$0*	\$16	\$24	\$29	\$35	\$53	\$65	\$79
\$ 1-\$500	\$24	\$36	\$40	\$51	\$60	\$91	\$102
\$ 501-\$1,000	\$41	\$52	\$65	\$89	\$108	\$139	\$172
\$ 1,001-\$1,500	\$53	\$71	\$89	\$117	\$154	\$183	\$242
\$ 1,501-\$2,000	\$72	\$94	\$123	\$166	\$201	\$238	\$311
\$ 2,001-\$2,500	\$92	\$118	\$152	\$205	\$248	\$294	\$381
\$ 2,501-\$3,000	\$111	\$139	\$181	\$245	\$295	\$347	\$453
\$ 3,001-\$3,500	\$130	\$148	\$211	\$284	\$340	\$402	\$522
\$ 3,501-\$4,000	\$148	\$162	\$240	\$323	\$388	\$467	\$592
\$ 4,001-\$4,500	\$165	\$185	\$303	\$362	\$434	\$528	\$662
\$ 4,501-\$5,000	\$184	\$206	\$340	\$401	\$481	\$590	\$731

Cancellation Policy

The following cancellation policies apply regardless of when you registered, even for personal emergencies. Nor is there a refund for leaving a tour early or arriving late. The cancellation policy is based on the money that was due and not the

money that our operator, Steppin' Out has in hand and you are still obligated to pay the balance due. For example, if you signed up for a trip and only gave a deposit, and then didn't cancel until 80 days prior, you would owe Steppin' Out 50% of the full trip cost.

Cancellation policy is as follows:

- **Prior to 120 days to the departure date: \$55 administrative fee will apply.**
- **120-90 Days prior to departure date: all but 25% of the full land fee will be returned.**
- **90-60 days prior to departure date: 50% of full land fee will be retained**
- **61 days on prior to departure date: No refunds. If ticket has been purchased, you will receive the ticket.**

Responsibility: All tickets and vouchers covering ground transportation, hotel accommodations, lift tickets or other items in the package are issued by Steppin' Out only as an agent for such companies furnishing such services. Neither they nor their subagents shall be held liable for loss or damage to property or injury to person caused by reason of any defect by any transportation company, lodging company, car company, ski area, agent or any service/item in the package outside their direct control. Steppin' Out reserves the right to make changes and alterations in the itinerary that are found necessary for proper handling of tours. In such an event, substitute services or equal or greater value will be furnished, or refunded, but the alternate services will still fall under the liability statements above. Steppin' Out shall not be liable for any loss, damage, injury, accident, delay or irregularity which may be occasioned by reason, defect, or through acts of omissions of any person or company described in the confirmation. In the event of a group or bulk ticket, Steppin' Out is not responsible for any default of the airline. Should a dispute arise, venue shall be in the State of Illinois

Before you go tips

- Sign waiver and make sure it is returned to Steppin' Out at least 3 weeks prior to the trip.
- Find out the access code to reach an international operator for your calling card, or purchase a calling card that will work out of the country.
- Get some small currency (\$bills) for purchasing along the way. Traveler checks are good for insurance sake, but you get a low exchange rate.
- Visit the travel resource page on the Steppin' Out home page to read CDC reports, weather reports, electrical voltage etc. www.steppinoutadventures.com

Participant Trip Profile and Contract: Israel*YES, I'd like to join a Steppin' Out tour !*

Please complete this application and send it to us with your payment and a copy of your passport to Steppin' Out , in **U.S. dollars**. Our street address is: 3721 Military Road NW, #B, Washington, DC 20015,.

First Name:	Middle Name:	Last Name:
Is this the name as it appears on your passport?		
Date of Birth:	Country of Birth:	
Passport # :	Exp date:	
Passport Country of Origin		
Current Address:		City
State:	Zip:	Country:
Private-Telephone:	Home:	
Mobile Phone:	Do you receive Text Messages?	
Office-Telephone		
Fax:	E-mail:	
Emergency Contact:		Relationship to Contact:
Contact's Hm Phone:		Contact's Cell:
Health Insurance Carrier and Policy Number:		
Health Insurance Phone Number:		
Physician's Name and Number :		
List other destinations that you have traveled to:		
What do you hope to get out of this trip?		
Please let us know about any of the following:		
Allergies	Symptoms of Allergy	Treatment
1.		
2.		
Any Medication taking	Generic Name of Med	Dosage
1.		
2		
3		
List any dietary restrictions:		
List any physical disabilities/impediments		
Do you have a roommate request?		
Smoker () Non- Smoker ()		

PLEASE FAX BACK TO 877.264.7694

PAYMENT AND AGREEMENT

PRICING: BASE PRICE: \$ 2975 trip based on minimum of 10. Price is based on payment by check, to use your credit card add 3.7% to total.

- | | |
|---|---|
| <input type="checkbox"/> After April 1 Add \$175 | <input type="checkbox"/> Single Supplement in Eilat \$100 |
| <input type="checkbox"/> Single Supplement Add \$485 | <input type="checkbox"/> Petra Excursion in Eilat \$ 165 |
| <input type="checkbox"/> Insurance Add ____ (from chart) | TOTAL: _____ |
| <input type="checkbox"/> Extra Hotel Room Prior or Post \$150 | |

Check one of the two options:

- I, _____ am sending a check for the amount totaled above payable to Steppin' Out at 3721 Military Rd., NW #B Washington, DC, 20015. I will provide my credit card information below as a guarantee that the check will be sent, but I understand it will not be charged, unless Steppin' Out does not receive my check within 10 business days from the date above. Steppin' Out will notify me before charging.
- I, authorize Steppin'Out to charge my credit card with an additional 3.7% added to the base price which totals _____.

AGREEMENT: Please initial

_____ I understand that if payment is not received by Steppin' Out within 8 business days, and/or should the trip offer an installment plan, and I am late with one of the installments, Steppin' Out has the authority to charge my credit card with a 4% transaction fee.

_____ If I received an early bird discount, I agree to provide all information and payments accordingly, and should Steppin' Out need to remind for payments, etc. then the early bird discount will no longer apply.

_____ I agree to the cancellation policy in this document and understand that if I cancel before payment has been made in full, that I am still obligated to pay the percentage/balance due.

_____ I understand that this is a group trip and if I opt out of an activity, there will be no refunds for an activity not done. Should the group decide while there as a whole to do a different activity, the price of the new activity will be paid for individually.

_____ I understand that small group travel provides flexibility, but also understand that reservations have been made and that this is an active trip, to accomplish all the great things we want to do, I will adhere to the group time schedule.

_____ I understand that the cancellation policy is as follows: Prior to 120 days, only a \$100 admin fee will be incurred, 120-90 Days prior to departure date, all but 25% of the full land fee will be returned; 90-60 days prior to departure 50% of full land fee will be retained, No refunds 61 days on prior to trip If ticket has been purchased, you will receive the ticket.

_____ I understand that this is a physically demanding tour, meaning that I'll climb lots of stairs, do a fair amount of standing, carry my own bag up several flights of stairs and from the bus to my hotel room, walk an average of 6-10 miles per day, and won't be allowed to smoke indoors during the tour unless I'm on fire.

Responsibility: All tickets and vouchers covering ground transportation, hotel accommodations, or other items in the package are issued by Steppin' Out only as an agent for such companies furnishing such services. Neither they nor their subagents shall be held liable for loss or damage to property or injury to person caused by reason of any defect by any transportation company, lodging company, car company, resort area, agent or any service/item in the package outside their direct control. Steppin' Out reserves the right to make changes and alterations in the itinerary that are found necessary for proper handling of tours. In such an event, substitute services or equal or greater value will be furnished, or refunded, but the alternate services will still fall under the liability statements above. Steppin' Out shall not be liable for any loss, damage, injury, accident, delay or irregularity which may be occasioned by reason, defect, or through acts of omissions of any person or company described in the confirmation. In the event of a group or bulk ticket, Steppin' Out is not responsible for any default of the airline. Should a dispute arise, venue shall be in the State of Illinois.

IF YOU ARE SENDING A CHECK, YOU MUST STILL PROVIDE A CREDIT CARD # for HOLD

I have read and agree with the agreement section of this document and authorize payment as indicated in the checked off box above. **Mastercard or Visa Only**

Credit card Number _____ exp. Date _____ Security Code: _____

Client's Signature Agreeing to the above with date _____

PRINTED NAME _____

PER OUR INSURANCE REQUIREMENTS, IT IS REQUIRED THAT YOU FILL OUT ONE WAIVER FORM FOR EACH EVENT. PLEASE MAKE COPIES FOR FUTURE EVENTS. THANK YOU. WE APPRECIATE YOUR HELP. PLEASE FILL OUT COMPLETELY.

PARTICIPANT AGREEMENT, RELEASE AND ACKNOWLEDGEMENT OF RISK

In consideration of the services of Steppin' Out, Ltd., their agents, owners, officers, volunteers, participants, employees, contractors and all other persons or entities acting in any capacity on their behalf (hereinafter collectively referred to as "Steppin' Out"), I hereby agree to release and discharge Steppin' Out on behalf of myself, my children, my parents, my heirs, assigns, personal representative and estate as follows:

1. I acknowledge that **EVENT:** _____ **on the following dates:** _____ entails known and unanticipated risks which could result in physical or emotional injury, paralysis, death or damage to myself, to property, or to third parties. I understand that such risks simply cannot be eliminated without jeopardizing the essential qualities of the activity. Furthermore, Steppin' Out guides have difficult jobs to perform. They seek safety, but are not infallible. They might be ignorant of a participant's fitness or abilities. They might misjudge the weather, the elements, or the terrain. They may give inadequate warnings or instructions, and the equipment being used might malfunction.
2. I expressly agree and promise to accept and assume all risks existing in this activity. My participation in this activity is purely voluntary, and I elect to participate in spite of the risks.
3. I hereby release, forever discharge, and agree to indemnify and hold harmless Steppin' Out from any and all claims, demands, or causes of action, which are in any way connected with my participation in this activity or my use of Steppin' Out's equipment or facilities, including any such Claims which allege negligent acts or omissions of Steppin' Out.
4. Should Steppin' Out or anyone acting on their behalf, be required to incur attorney's fees and cost to enforce this agreement, I agree to indemnify and hold them harmless for all such fees and costs.

I certify that I have adequate insurance to cover any injury or damage I may cause or suffer while participating, or else I agree to bear the costs of such injury or damage myself. I certify that I have no medical or physical conditions which could interfere with my safety in this activity, or else I am willing to assume - and bear the cost of - all risks that may be created, directly or indirectly, by any such condition.

By signing this document, I acknowledge that if anyone is hurt or property is damaged during my participation in this activity, I may be found by a court to have waived my right to maintain a lawsuit against Steppin' Out on the basis of any claim from which I have released them herein. I agree that if any portion of this agreement is found to be void or unenforceable, the remaining portion shall remain in full force and effect.

I have had sufficient opportunity to read this entire document. I have read and understood it, and I agree to be bound by its terms.

Signature of Participant: _____ Print Name: _____

Participants Address: _____ Current Date: _____

City, State & Zip _____

Health Insurance Provider/Carrier: _____ Policy Number: _____

Health Insurance Provider/Carrier Telephone Number: _____

Social Security # _____ Date of birth _____

In case of emergency, please contact (specify relationship): _____

Emergency contact's telephone number: _____

On a scale of 1-10, with 10, being very active, how would you rate your physical activity? _____

Horse back riding experience: _____ **Hiking Experience:** _____ **Biking Experience** _____ **Rafting Experience** _____