

STEPPIN' OUT

MOROCCO MAGICAL ADVENTURE



Enjoy this land of extraordinary beauty on a ten -day adventure through crisp mountain scenery, spectacular sheer gorges and picturesque towns. Be beguiled by the lively souqs and tumultuous market squares of Marrakech, exhilarated by cycling trips, mule treks and canyon explorations, and touched by the warm hospitality of Moroccan villagers and nomads. Ride a camel in the Sahara desert, climb the dunes and sleep under the stars. Then enjoy the beach of the seaside town of Essouria .

Proposed ITINERARY

Day 1 Marrakech

Salaam Aleikum! Welcome to Morocco. Please ensure you download and review the latest trip notes prior to your trip as we make improvements and changes to our itineraries. This will ensure you have the most up to date information about your trip. Check the 'visa' section of these trip notes for any information about visa requirements on this trip.

Our important welcome meeting is at 1:00pm. If your flight arrives late we recommend that you consider booking an extra night's accommodation prior to the trip to ensure you are able to attend this meeting. Check-in time at our joining point hotel is after 12.00noon. Early check-in is not guaranteed, however if you arrive early, luggage storage can be arranged. Speak to the hotel reception on arrival. Please note that luggage storage in our hotels is at your own risk and generally these areas are not locked or completely secure. Bring your own luggage lock.

After the meeting we will go on a walking tour of the city that will include the medina palaces visit to miason tiskiwin and photography museum to see Jewish photo collection. The monuments of Marrakech are numerous and range from the well-known Koutoubia Mosque and its superb minaret - famous throughout the Islamic world and the 'sister' to the Giralda in far-away Seville, to the lesser-known tropical gardens of the French Painter Jacques Majorelle (now owned by Yves Saint Laurent). There is the Palais Bahia, a superb example of Muslim architecture, and the ruins of the Palais Badi, reputedly one of the most beautiful palaces in the world in its time. The Saadian tombs are a recently uncovered gem of the Medina. All of the above can be a challenge to locate, but that is all a part of the experience of exploring the phenomenal Medina's of Morocco!

For dinner we will head to can head to Djemaa el Fna, the famous square in the medina for an al fresco dinner at one of the many food stalls. In the evenings this space transforms with huge crowds converging to see the singers, drummers, dancers, snake charmers, fortune tellers, storytellers, jugglers and even old medicine men, who together make up what has been dubbed the greatest spectacle on earth. Meryem Hotel . Meals included: Dinner

Days 2-3 High Atlas Mountains

Day 2: We board our private mini bus for the short drive (approx. 1.5 hours) out of Marrakech across the plains towards the foothills of the mighty High Atlas Mountains. From the small village of Amizmiz we will hop on our mountain bikes and enjoy our first taste of the stunning Moroccan country side from handlebar height. With spectacular scenery, the route of approx. 40km is perfect for both novices and experts alike. Our course will track along an Oued (river); pass by classic picturesque Berber villages, crop terraces and traditional rural life before breaking for lunch in the gorgeous Ouirgane valley. Depending on the fitness of the group the biking will take up to 4 hours, but we will have a support van close by throughout for those that wish to take the morning at a more leisurely pace.

After lunch we re-board our mini bus for the short drive to Imlil (approx. 1hr) where we will store our main luggage and load smaller night packs for the 1 hour trek up to the peaceful village of Ouirgane, Regardless of your level of fitness the gentle pace of Ouirgane and the Berber world are open to you. It is a special place beyond the reach of the modern world - and an opportunity not to be missed. Some of the most precious sights and breathtaking **destinations in Morocco** are generally off the beaten path; where modernization and city life has not yet stripped the villages of **culture** and tradition, and where simple, uncomplicated lives have created a peaceful and tranquil lifestyle. The region of Ouirgane is home to many small **Berber** villages and it is the most breathtaking part of the Atlas Mountains. Here, the gentle summer breeze ensures that summer is cooler in Ouirgane than in the cities and even the winters enjoy a moderate climate. The hills and valleys are littered with dense, untouched forests, fruit orchards carry the gentle fragrance of lime, grapefruit and orange into the air, and the gardens are a sea of roses.

Overnight in a lovely bed and breakfast: <http://www.ksarshama.com/>; Meals included B,L, D
Driving time 1.5 and then 1 hour

Day 3 Atlas Mountains

Will have us waking up to the sounds of roosters and goats, surrounded by orchards and traditional rural life in this wonderfully remote region. After breakfast we set off on a half day guided trek through the neighbouring Inemane valley via the Tizi n'Tamatert pass (2297m) and along one of the most scenic and untouched routes the region has to offer. We will explore the village and farmlands surrounding Toubkal National Park. A picnic lunch on the trail. We will have the opportunity to partake in a cooking class from the local family nearby before dinner.

Overnight at Ksarshama. Meals included B, L, D

Day 4 Ait Benhaddou



After breakfast we begin a bus journey that will take us across spectacular mountain roads and over Morocco's highest pass, the Tizi n'Tichka (2260m) to the barren edges of the Sahara (approx. 5 hours). When we arrive at our hotel, we'll have lunch followed by a hike to the grand Kasbah of Ait Benhaddou - one of the most beautiful in all of Morocco and a UNESCO World Heritage site. This fortified village is a fine example of clay architecture and is also famous for its role on the silver screen, featuring in numerous films such as: Lawrence of Arabia (1962), The Jewel of the Nile (1985), Jesus of Nazareth (1977), The Last Temptation of Christ (1988), Kundun (1997), The Mummy (1999), Gladiator (2000), Alexander (2004).

Centuries ago, Ait Benhaddou, on the Mellah River, was an important stop for the caravans passing through as they carried salt across the Sahara, returning with gold,

ivory and slaves. Today, it is inhabited only by a handful of families and we can explore the maze of its streets at our leisure. Then we'll get on the bus again and head in the direction of another beautiful spot that few tourists get to see. We'll stop in a small town...

Overnight to be determined. Meals included B, L, D
Driving times: morning 5 hours, afternoon 1.5 hours

Day 5: Torda Gorge

We'll get up early this morning and drive (3 hours) to the area of spectacular red-rock canyons, jarring cliffs sculpted by nature and time. The Todra Gorge cuts through a mountain, getting as thin as thirty feet at some points, while you can look up the sides of sheer rock faces that reach almost 1,000 feet high. Several of these cliffs are limestone, and there are many routes that rock climbers can take in the area—in fact if you believe locals, there are far too many routes to climb even if you had an entire month!

We'll stop for lunch at the home of local carpet makers and get a lesson in carpet making as well as a local home cooked meal.

The afternoon you have the option of enjoying **cycling or hiking through the gorge or the surrounding palmeraies**. Those searching for more adrenaline and want to give a shot at Todra Gorge's sheer walls, can do so (additional cost)

In the evening, we'll come back to our hotel, a simple, traditional hotel carved into the rocks. and after dinner enjoy a drumming session.

Overnight: Kasbah tobrihte: <http://www.kasbahtobrihte.com/tourisme.htm> Meals included B, L, D,
Driving times: 3.5 hours

Day 6 : Dades Gorge

We head to the lush Rose Valley. After breakfast we drive (2.5 hours) into the Dades Valley—where the vividness of the colors will stop you every few steps for a picture, so be sure to bring extra film! The soil is a deep earthy red that rubs off on the hands and leaves the scent of the earth. Further through the trail you will find towns and to your amazement the ground doesn't lose its deep red, but actually becomes redder than you may have ever imagined the ground could get. There is thick green grass in the valleys, and the mountain walls around you twist and dance with one another in an endless pirouette.

Upon arrival, we set off on a half day walk alongside picturesque red-coloured cliffs & past Berber villages. We pause en-route for a picnic lunch by the river. Keep an eye out for the local nomadic people that are still inhabiting this land as they have for centuries, transferring with their herds of goats between the altitudes with the seasons. If we are lucky enough to meet some perhaps they will invite us to their troglodyte abode for a cup of their wild mint tea.

Overnight in a luxurious hotel complex- literally in an oasis in the desert. You'll have time to lay back and relax by the pool Xadluca Dades Hotel.

Meals included: B, L

Day 7 Zagora

The morning sees us journeying southwards directly towards the mighty Sahara (approx. 5 hours). We stop en to visit Project Horizon. This is an Intrepid Foundation Project which works with disabled adults and children in the area and also trains them in artisanal skills such as pottery, metal work, and jewellery.

We travel through the lush Draa Valley to Zagora, home to the famous 'Tombouctou 52 Jours' sign. Zagora is known as the 'doors of the desert, as it is the last town before the Draa River. Zagora's main attraction is **Jebel Zagora**, a mountain rising over the **Draa Valley**. We will trek to the foot of Jebel Zagora; this will take two to three hours.

About halfway up the mountain, there are faint ruins dating to the 11th century, which sit in the mountain side. The ruins belonged to the Almoravid fortress for the early military. You are not allowed into the site, but take the time to look at it as you continue your climb to the summit. From the summit, you can look back at the High Atlas Mountains or toward the Sahara Desert.

We spend the night in a hotel in the palmeries and have time to take a stroll through the palm groves of Amazrou exploring the Ksars and countryside, or maybe shop for your desert garb or just hang by their lovely pool

Overnight in La Fibule du Draa. Meals: B, L, D

Driving Distance: 5 hours

Day 8 Sahara Camp

Our route continues along the rugged, jagged and desolate Jbel Tadrart Mountain ranges taking us through seas of sand occasionally punctuated by lush oasis of date palms, to the interesting township of Tamegroute. This once famous settlement was home to religious scholars from the 11th century and houses a shrine to its spiritual leader. It is also the home to an intriguing library filled with ancient scripts of science, literature, the Koran and stories of the prophet Mohamed. We will make a short visit with a local guide to uncover the secrets of the Kasbah village and its famous, but unique ceramic pottery industry. A great spot to pick up a memorable souvenir!

We drive on until we reach the end of the road at the frontier town of M'Hamid. Here we will take a camel ride with the dunes as our magical backdrop for a bit.

You may think the sand dunes are like any other desert, but this is not true. Morocco has a different ecosystem than what you might be used to in the desert states of America. In states like Arizona, for example, desert sand has a reddish hue; in the Sahara, the sand is golden.

We switch from our mini bus to 4WD's for the epic journey to the Erg Chigaga sand dunes (approx. 2 hrs). Our rough piste track runs parallel to the Algerian border, across stony Hamada desert whose only populace are small scatterings of hardy nomadic people and their camels, until we arrive to the massive Erg Chigaga dunes in the late afternoon.. Erg Chigaga consists of 40 kilometers of Saharan dunes; some of which reach 300 meters in height!.

Tonight we sleep in a Nomadic style camp. The camp is a simple affair with bedding and basic toilet facilities provided. Our local friends will prepare a hearty feast so all we must do is soak up the experience. The camp consists of 2 large fixed traditional nomadic style woolen tents. Our camp does provide blankets and simple mattresses but for extra warmth and your own comfort, you might like to bring your own sleeping bag in the winter months from November to March.

With rhythmic drums and hearty feast, falling asleep under the countless Saharan stars is something which any traveler dreams.

Overnight Camp. Meals included B, L, D

Driving time 1.5 hours to camels and then 2 hours by jeep to the main dunes

Day 9 : Taroudant

This morning we wake from camp and do a morning hike after breakfast until we meet our jeeps.

We then travel further westwards along the piste in our 4WD's to the small settlement of Foum Zguid (approx. 2.5 hrs) where we will re-meet our minivan and continue on to the stunning red walled town of Taroudannt (approx. 5 hrs). This drive takes us through more superb desert scenery and a route that is a reserve for the indigenous argan trees, and if we are lucky we might come across that famous image of the goats climbing these trees in search of its tasty nuts! We'll stop for lunch at a beach (where you can take a swim) and enjoy fresh fish for lunch.

Taroudannt is a charming and authentic market town located in the fertile Souss plains. With an energetic, bustling city centre this is a wonderful opportunity to see untouched traditional Berber lifestyle. The souqs of the medina teem with sights, sound and colour, with terrific bargains to be found. We can make a visit to the unique tanneries to uncover the secrets of leather making, producing a range of wonderful local products that are attaining fame in the region.

The bright red clay ramparts of Taroudannt are a memorable scene come dusk when the city's full beauty is showcased by floodlight. A circuit of the walls by either foot, bicycle or horse drawn carriage is a delight to round off the day. Please note depending on driving times we may arrive in Taroudannt after dark.

Overnight: Riad Freija [p://www.riadfreija.ma/en/index1.php?mod=0102](http://www.riadfreija.ma/en/index1.php?mod=0102), a traditionally restored riad with simple, air conditioned rooms. Meals included B, L, D

Driving Times : 2 hours by jeep and then 5 hours by bus.

Day 10: Essaouira

Leaving the valleys of the magical Anti High Atlas Mountains behind, we head towards the windswept Atlantic Coast and Essaouira (approx. 4.5 hrs). The name 'Essaouira' means image, appropriate since Essaouira is such a picturesque town. Its charm is undeniable: within the stone ramparts you'll find whitewashed houses with bright blue shutters, art galleries and wood workshops. This laid-back artist's town was once a Portuguese trading colony and was once home to sizeable British and Jewish populations. The town faces a group of rocky islands - called the Mogador - and is surrounded by an expanse of sandy beaches and dunes.

Essaouira is still a busy fishing port and its pretty harbour filled with tiny colourful boats which go out early every morning for the day's catch. Visitors who have been seduced by its charms include Orson Welles and Jimi Hendrix, who (according to local legend) spent much of his time here in the 1960s. Recently, film-maker Ridley Scott chose the ramparts as an important location for his film 'Kingdom of Heaven'.

Our local guide takes us on a morning walking tour through the old Medina, Jewish Mellah, Port and Scala, giving us a lesson in history and prepping us with tips for shopping, which we will no doubt indulge in the next day.

Overnight: Maison du sud <http://www.riad-maisondusud.com/index.html>

A restored boutique style riad hotel just located 300 yards from the sea in the heart of the pedestrian medina.

Meals: B, L

Driving Time: 4.5 total

Day 11 Essaouira

In the morning you have time on your own. We can help you arrange surf lessons, or bicycle ride, or one of the famous Berber massages. Or just oak up the romantic ambience. Wander the harbour and its adjacent fish markets where you can witness the daily auction. Browse the plentiful shops and intriguing art galleries that make this little town a particularly pleasant place to unwind for a few days. It has a growing reputation for its unique art and is becoming even more famous for its buried Thuya wood - delicately formed and inlaid in tiny shops, which are built into the thick walls of the Portuguese ramparts. The scent from the oils used to polish the richly-coloured wood permeates the air and makes walking down the streets incredibly pleasant.

Essaouira is a world famous windsurfing destination or you may like to try your hand at the increasingly popular sport of kite surfing. Windsurfing and horse rides along the beach are also possible options.

Everything in the small centre is within walking distance and the beach is clean. Don't miss the opportunity to go to an hamam or local style bath to be spoilt with a good scrub, a mud pack and a relaxing massage with argan oil. A freshly-cooked plate of the day's catch afterwards is highly recommended.

In the afternoon we'll start heading back toward Marrakech, with a stop at the woman's coop that sells Argan oil, a plant only grown in Morocco.

We'll return in the evening to Marrakech to the Mereym hotel to refresh before heading out to our farewell dinner. Meals included, B

Driving time: 3 hours

Day 12 Marrakech

Departure day: say 'Maa salama shukran bizaf' for memories that will last a lifetime.

Optional Extension to Fes, Rabat and Casablanca

Day 12 You will fly or train to Fes from Marrakech. Fes is one of the most complete medieval cities in the Arab world and the most ancient of Moroccan imperial capitals - Fes seems to exist suspended in time. Descending into the labyrinthine alleyways of the medina is like taking a step back to the Middle Ages. At night, we may head to the Palais Jamai for an evening drink. Watching the sun set over the huge medina while a dozen prayer calls vie for your attention is an experience you're unlikely to forget!

Day 13 The next morning our local guide will help us realize the treasures of the Fes Medina, a living monument to an ancient past and still very much alive with the many craftsmen, markets, tanneries, ceramics, Medersa's and Mosques. Look out for the Medersa Bou Inania, one of Fes most beautiful buildings which has been recently restored and now open for visits.

We will visit the famous tannery known for the iconic view overlooking the dye pits. Our tour will also include a visit to a ceramic factory where we can see potters producing their crafts the traditional way. The afternoon is free to get lost in the maze of streets and alleys of the medina, take a photo outside the Royal Palace or visit a nearby hill for incredible views over the vast medina.

Day 14 Rabat

We take an early morning train to Rabat, store our luggage and then spend a few hours taking a stroll through the city's Old Quarter Medina. We will leave enough time to walk up to Kasbah des Oudaias and enjoy the view over the Atlantic Ocean. Rabat's history is long and colourful: from Roman settlements; to a refuge for Pirates; to the site of the unfinished but towering 12th century Hassan tower; till more recently as the modern political capital and the resting place and mausoleum of the founder of Independent Morocco.

Late afternoon we'll transfer by train to Casablanca.

Day 15

You can depart any time. The bustling city of Casablanca was modeled after Marseille in France, and has since become much busier than its parent and is now the undisputed economic capital of the country, with one of Africa's largest ports. The architectural style of the city is curious; famous for its Art Deco French colonial buildings and Mauresque governmental institutions, an old Medina and of course the phenomenal modern day masterpiece - Hassan II Mosque.

A pleasant way to spend the day exploring Casablanca is to wander around the old medina and the old city walls, then jump in a taxi to visit the Quartiers des Habous - the new Medina which is full of shaded squares, and narrow streets lined with arcades that lead from one souk to another. This is a great place to enjoy a Moroccan coffee and maybe start improving your bargaining skills in the souks or the interesting local food markets that stretch behind the quarter. Finish the day with a walk along the Corniche, watching the locals enjoy sunset football on the beach.

Trip Details

Trip Length: 11 nights/ 12 day

Dates of Trip: May 22-June 5 , 2011

Cost: \$2600 (until Oct. 15 then increases \$175)

Single Supplement

Add \$500

Meeting Place/Time Marrakech Airport (RAK) . Arrive in the am of May 22. We have a tour of the city at 1 , but an orientation meeting at 5:30

Depart From: Marrakech Airport (RAK) . Anytime on June 5, unless doing the extension

Getting There: One of the ways to get there a little cheaper may be to fly to Madrid. And then use local connections such as Ryanair.com (which can cost \$68) . You can find some of these flights on the website: www.skyscanner.net

If you do this separately on your own though, you don't have the "protection" of connecting flights, so you must make sure you leave enough time from when you arrive in Madrid to when you depart because you are still going on an international flight from Madrid to Marrakech and you need to go through border patrol, customs, etc.

Price Includes:

- Fully escorted
- Accommodation
- All activities
- All meals except 3 lunches and 1 dinners

Price Does NOT Include:

- International and domestic airfare
- Hotel the night before or after trip starts,.
- Travel insurance is not included but strongly recommended.
- Alcoholic drinks and souvenirs are not included.
- Optional Tours at
- Gratuities

Group Travelling

Our groups are small in order to be flexible and spontaneous at times. Small groups allow more interaction with the communities as well as the ability to keep an active itinerary. Singles and Couples are welcome!

As you travel on a group trip you will be exposed to all the pleasures and maybe some of the frustrations of travelling in a group. Your fellow travelers will probably come from all corners of the world and likely a range of age groups too. We ask you to be understanding of the various needs and preferences of your group - patience with your fellow travelers is sometimes required for the benefit of everyone's travel experience. Remember too that you have responsibilities to the group. If you are requested to be at a place at a certain time, ensure that you don't keep the rest of the group waiting. We have found time and time again that the very best trips we operate are those where the dynamics within the group work well - this takes just a little effort on your part.

Please note that due to privacy reasons we are unable to provide you with contact details and any personal information about your fellow travelers booked on your trip prior to departure.

Trip Fitness Rating:

Long and rough travel days:

There are some long travel days and some rough travelling in areas away from main tourist routes. High passes, windy roads and rough surfaces make for some challenging travel experiences. If you experience travel sickness we recommend you consider medication to help ease the discomfort.

The best part about all of these long drives are the spectacular views and fun stops en-route such as mountain passes, kasbahs, palmeries, sand dunes, goats up trees etc...

Early mornings:

On some long travel days we depart early in the morning to ensure we optimize our time at our next destination.

Level of Physical Activity: Access to some accommodation and sites might require climbing and rocky footpaths. Most of our hikes are a few hours, longer one in the desert (but so worth it!). By biking you will be able to do as much or as little as you want, a support van will be following.

This is a rigorous schedule with little down time. We try to fit in breaks for people to relax during the heat of the afternoon, and often that is why dinner is not included, so you can be on your own schedule. But we also want to show you as much of the country as possible.

Passport Info:

A valid passport is required for travel. Please make sure that your passport expiration date is at least six months beyond the date of return.

If you do not have a passport, you will need to acquire one for international travel. United States citizens can usually apply for a passport at a number of facilities including many Federal, state and probate courts, many local post offices, some libraries and many county and municipal offices. Apply early! Depending on the agency used, you will receive your passport within 5-6 weeks. If expedited service is necessary, you must apply in person at one of 13 passport agencies found in most major cities. You must present your airline tickets or airline generated itinerary and the other required items for the application. You need to make an appointment with your passport agency for expedited service. If you do not live near a passport agency, you can use an overnight delivery service and your local passport acceptance facility. An additional \$35 is charged for expedited service per application. Further information and your local passport processing facility can be found on the website of the U.S. Department of State:

<http://www.state.gov/index.cfm>

Visa

A passport is required, but no visa is needed for tourist or business stays of up to three months.

Immunizations & HEALTH

- No special vaccinations are required in necessary in Morocco . However we recommend that you come to Israel with an up to date Tetanus shot.
- Check with your health care provider, and/or visit a travel immunization clinic.
- If possible, get a prescription for a broad-spectrum antibiotic.
- All travelers need to be in good physical health in order to participate fully in the group travel experience. If in the opinion of our group leader or company representative any traveler is unable to complete the itinerary without undue risk to themselves and/or the rest of the group, Intrepid reserves the right to exclude them from all or part of a trip without refund. We therefore ask that you read the itinerary in these trip notes thoroughly and then realistically self-assess your physical ability to complete the trip as described. Please consult with your doctor if you have any doubts.

There are no specific health requirements for this trip. However, you should consult your doctor for up-to-date medical travel information or for any necessary vaccinations before departure. We recommend that you carry a First Aid kit as well as any personal medical requirements (including a spare pair of glasses) as they may not easily be obtained while on tour.

We are very aware of the issues raised by H1N1 (swine) flu and these have been taken into consideration for all aspects of the trip you are about to take. In reviewing this itinerary we have followed the guidelines set out by The World Health Organization (WHO) <http://www.who.int/en/>

Intrepid reserve the right to make last minute changes to any itinerary in the very unlikely occurrence that an area should suddenly be deemed to be unsafe because of an outbreak of H1N1 flu.

Drinking water:

As a rule we recommend you do not drink tap water, even in hotels, as it contains much higher levels of different minerals than the water you may have at home. For local people this is not a problem as their bodies are used to this and can cope, but for travelers from places other continents drinking the tap water can result in illness. Generally this is not serious, an upset stomach being the only symptom, but it is enough to spoil a day or two of your holiday. Bottled water is widely available. Water consumption should be about 3 litres a day (this should be easy for most!) Rehydration salts, motion sickness tablets, and diarrhoea blockers are available

from many pharmacies.

Asthma:

For some travelers The Sahara sands can bring on bouts of asthma. If you suffer from asthma even occasionally, we recommend you bring your medication as it can not be administered by your group leader and may not be readily available while you are travelling.

Currency:

The currency of Morocco is Dirham (MAD). Moroccan dirhams cannot be purchased outside of Morocco, but it is easy to get cash on arrival. Currency exchange rates often fluctuate. For the most up to date rates please refer to the following website: www.oanda.com.

The best money solution in Morocco is to bring a credit card and ATM card. In terms of credit cards, Visa and Mastercard are widely in Morocco. It's a good idea to call your credit card company before you leave to let them know that you are travelling to Morocco (otherwise they may think it's fraud and suspend your account). In terms of ATM cards, most will work in Morocco, but you should definitely call your bank ahead of time just to make sure the card will work in Morocco. The most convenient and cheapest way to acquire money is by Automated Teller Machine (ATM). Check with your bank for information on international fees. There are now ATMs (which accept both Visa and MasterCard) throughout all Moroccan cities.

There are few problems changing money. There are many banks, all operating with equal exchange rates, and without commission. Cash in EUR, GBP and USD dollars are favoured for exchange.

Travelers' checks are not recommended as the sole source of currency exchange, but it is good to have for an emergency. Only some banks and 5 star hotels will change travelers' checks this is rare and the process is very time consuming, and commissions can be high (up to 10%).

For money safety we recommend that you carry your cash and credit cards in a secure money belt or pouch concealed under your clothing.

How much money to bring

Every traveler is different and therefore spending money requirements will vary. Some travelers may drink more than others while other travelers like to purchase more souvenirs than most. Please consider your own spending habits when it comes to allowing for drinks, shopping, participating in optional activities and tipping.

Generally, for this itinerary, people have spent around \$350 in food/ a little more if you like to drink.

Additional Activities; Probably average \$25 a day

Gratuities: About \$100

Morocco is often misjudged as being an inexpensive destination. With tourism booming, the influx of cheap flights from Europe, prices for some items are becoming more equivalent to prices you would be used to at home. Eating in local restaurants, road side stalls and from markets can be inexpensive, but for nights out at tourist friendly restaurants you can expect to pay much more. With drinks, tipping and of course - shopping, it can all add up. Budgets are a personal choice but please bare in mind that you should not expect Morocco to be a budget destination.

Bargaining in Morocco:

In Morocco some services and products are not a fixed price which means that your bartering skills will be tested from hiring taxis to buying a souvenir in the Medina. This can be challenging for travelers who have not experienced this before. Ask your leaders for advice when you arrive however the best approach is to smile and have fun as this is an entrenched part of Moroccan culture.

Tipping

If you are happy with the services provided a tip - though not compulsory - is appropriate. While it may not be customary to you, it is of great significance to the people who will take care of you during your travels, inspires excellent service, and is an entrenched

feature of the tourism industry across many Intrepid destinations. Please note we recommend that any tips are given directly to the intended recipient by a member of your group as our group leaders are prohibited from collecting cash for tips.

The following amounts are based on local considerations and feedback from our past travelers. Note THAT GRATUITIES SHOULD BE PAID IN DIRHAMS, WE JUST PUT THE USD equivalent to help you figure it out

Restaurants: Local markets and basic restaurants - leave the loose change. More up-market restaurants we suggest 5% to 10% of your bill.

Local guides: Throughout your trip you may at times have a local guide in addition to your leader. We suggest \$2-\$3 USD per person per day for local guides.

Drivers: You may have a range of private drivers on your trip. Some may be with you for a short journey while others may be with you for several days. We would suggest a higher tip for those more involved with the group however \$2 USD per person per day is generally appropriate.

Your Group Leader: You may also consider tipping your leader for outstanding service throughout your trip. The amount is entirely a personal preference, however as a guideline \$3-\$5 USD per person, per day can be used. Of course you are free to tip more or less as you see fit, depending on your perception of service quality and the length of your trip. Remember, a tip is not compulsory and should only be given when you receive excellent service.

Weather

Extreme temperatures in Morocco

Please note that as a desert country, Morocco can have extreme weather!

Summer (approx June to September) can be very hot everywhere we travel.

Winter (approx November to February) can be very cold. It is recommended to bring a good sleeping bag, thermals, scarf, gloves and a warm jacket for travel in this period.

Some of our guesthouses/hotels do not supply heating. This would be a major financial and environmental strain on our hotels and the local towns. It is also a case of energy supply and timing provisions, which is limited in some places. Please be prepared for cold showers- which for most times of the year, are a pleasure.

Air-conditioning systems (if available) do not always function.

Alterations to the itinerary:

While we operate successful trips in Morocco throughout the year, some changes may occur in our itineraries due to inclement weather and common seasonal changes to timetables and transport routes. This can happen with little notice so please be prepared for modifications to the route. Travel times may be delayed, roads can be closed due to avalanches, snow, ice cover or dense fog or we simply choose an alternative (and longer) route due to safety concerns. Please be prepared for these possible itinerary alterations. Infrequent sand storms may occur at any time of the year which will result in changes to our itinerary in the Sahara where it may not be possible to sleep at our desert camp.

SAFETY

Many national governments provide a regularly updated advice service on safety issues involved with international travel. We recommend that you check your government's advice for their latest travel information before departure.

We strongly recommend the use of a neck wallet or money belt while travelling, for the safe-keeping of your passport, air tickets, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of our hotels have safety deposit boxes, which is the most secure way of storing your valuables. A lock is recommended for securing your luggage.

Your leader will accompany you on all included activities however during your trip you will have some free time to pursue your own interests, relax and take it easy or explore at your leisure. While your group leader will assist you with the available options in a given location, please note that any optional activities you undertake are not part of your Intrepid itinerary, and Intrepid makes no representations about the safety of the activity

or the standard of the operators running them. Please use your own good judgment when selecting an activity in your free time. Please also note that your group leader has the authority to amend or cancel any part of the trip itinerary if it is deemed necessary due to safety concerns.

We recommend that you take a moment to read through this information before travelling, and would appreciate any feedback on how well it is being implemented in the field.

Fire Precautions:

Please be aware that local laws governing tourism facilities in Morocco differ from those in your home country and not all the accommodation which we use has a fire exit, fire extinguishers or smoke alarms.

Seat belts:

Please be aware that local laws governing transportation safety may differ from those in the western world or from your home country and not all the transport which we use provides seat belts.

Petty theft and personal safety:

While travelling in Morocco there is the risk of pick-pocketing and petty theft, particularly in the more touristy cities. We recommend that you exercise caution when walking alone at night and encourage you to walk together and only on main, well lit thoroughfares. Be particularly vigilant on public transport. Simple measures like carrying your day pack on your front, not hanging your bag over the back of your chair and wearing a money belt will reduce any chance that your valuables should go missing.

Common Scams in Morocco:

When walking through touristy areas of cities you may be approached by 'helpful' locals who want to show you where to go or take you to a local spice shop. They will either ask to be your local guide for the day or expect money when you arrive at your destination. Please note these people are not registered guides and will try and get as much money from you as they can. A friendly 'no thank you' (or 'la Shukran') should suffice.

Moroccan tagines:

Moroccan ceramic tagines bought in the souks or other shops in Morocco may contain high levels of lead. We strongly recommend you have any tagine you buy in Morocco tested before cooking with it or buy for decorative purposes only.

The following checklist has been prepared in order to help you procure the proper equipment and clothing needed to make your trip an enjoyable and comfortable experience. Please check your equipment carefully to make sure that it fits well and is in good working condition before arriving for your trip.

Generally speaking you should pack as lightly as possible. On the vast majority of our trips you are expected to carry your own luggage and although you will not be required to walk long distances with your luggage (max 30 minutes) we recommend keeping the weight under 10kg/22lb.

Most travelers carry their luggage in a backpack, although an overnight bag with a shoulder strap would suffice if you travel lightly. Smaller bags or backpacks with wheels are convenient although we recommend your bag has carry straps. You will also need a day pack/bag to carry water and a camera etc for daytrips.

- Valid passport and copy of passport
- Extra passport picture
- Wrap your toiletries in plastic bags separately, so if anything spills, it doesn't get over everything. Bring extra plastic bags (wet bathing suits, etc.)
- Wet ones and/or hand sanitizer gel
- Power bars/granola. It's bound to happen, you're hungry when others aren't.
- Purse or pouch to carry your passport and travelers checks

**What to Bring –
Clothing and
Equipment**

- Flashlight
- Travel alarm
- Toiletries: toothbrush, toothpaste, shampoo, hairbrush, moisturizer, etc...
- Camera and film with **extra batteries** for your camera and binoculars
- Personal first aid kit: aspirin, ibuprofen, Band-Aids, antihistamine tablets, prescription medications clearly marked in their original containers, caladryl, moleskin, etc...
- Extra copy of your prescription for any medication...written in generic drug terms
- Extra pair of glasses and/or contact lenses
- Water bottles or camelback™ or at least a holder for your water bottle
- Sunglasses with UV protection and retainer leash (such as Croakies™)
- Sunscreen (SPF 15 or higher) and lip balm with UV protection - this is a must!
- Insect repellent
- Towel (2)
- Outerwear: Raingear, hat, mountain clothing (waterproof wind jacket, polar fleece sweater etc.)
- Trekking shoes: shoes with good angle support
- Swimsuit

Clothing

Morocco can be considered a liberal Muslim country as many Moroccan women do not wear headscarves, comparatively however, Morocco is very conservative by standards you may not be accustomed to at home and you should dress accordingly. As a general guideline, shoulders, cleavage and knees should be covered at all times. Wearing shorts (men and women), low-cut tops, and showing midriff is not recommended as it will restrict your entry into buildings of a religious nature and family homes and is considered disrespectful to the local culture. Long, light-colored, lightweight sleeved shirts, trousers and skirts are respectful, cover your body, keep you cool in the heat and protect you from the harsh sun.

IN WINTER: November to March/April

Sleeping bag

Sleep sheet

A heavy fleece/polar fleece

Warm clothes, scarf, thermals, gloves, hat, jacket

Please check recent temperatures before your trip departs:

<http://www.bbc.co.uk/weather/5day.shtml?world=0077>

- Bring comfortable clothes that can withstand a little splash of mud and dust. Basics are "layers" that can easily be washed by hand if necessary.
- Bring clothes that do not wrinkle much (if wrinkled clothes bother you) because irons are not available. Perhaps bring one nicer, fancy-casual outfit for dinners
- The basics could include: 2 pair of shorts, 1 pair of light pants, 2 short-sleeve shirts, 1 long-sleeve shirt, 1 warm sweater that matches everything, a pair of comfortable shoes with strong, skid-proof soles for walking in the villages, ancient stone pathways, farms or hiking rocky paths. There are shops around if you forget something but not a lot of time for shopping. Optional: Small binoculars, compass, star chart, pocket knife

Suggestions for on the plane

- Wear comfy clothes.
- Bring toiletries, like toothpaste, toothbrush, washing up during the long flight helps. Remember that you can't take liquid over 100 ml with you.
- Bring an Ipod or the like with your favorite tunes--it helps time pass
- Some snacks
- Travel pillow
- Put light clothes in a readily available space (or pack it on top of your suitcase). You may want to change when you get there without having to go through your entire suitcase.
- Earplugs
- Stuff to read; NO work
- Small notepad

Travel Protection:

Travel insurance is compulsory for all our trips. We require that, at a minimum, you are covered for medical expenses including emergency repatriation. We strongly recommend that the policy also covers personal liability, cancellation, curtailment and loss of luggage and personal effects.

When travelling on a group trip, you will not be permitted to join the group until evidence of travel insurance and the insurance company's 24 hour emergency contact number has been seen by your leader.

If you have credit card insurance your tour leader will require details of the participating insurer/underwriter, the level of coverage, policy number and emergency contact telephone number rather than the Bank's name and credit card details. Please contact your bank for these details prior to arriving in-country.

For a worry-free vacation, and peace of mind, we recommend the purchase of our travel insurance. Because unforeseen circumstances may arise, we strongly recommend you purchase this ProtectAssist® Protection Plan. Coverage may be purchased any time up to 24 hours before departure. The package includes the following coverage. The following is a summary of the coverage; some coverages are subject to a maximum benefit schedule detailed on the policy. We will be happy to send you a copy of the fully detailed information on the plan. *Insurance coverage subject to limitations, exclusions and terms and conditions of policy.

Details of Coverage:

- **Trip Cost: Trip Cancellation & Interruption:** Covers you up to a maximum of 150% of trip cost if a trip is canceled or interrupted due to any of the covered unforeseen circumstances such as sickness, injury, death of you or a family member, inclement weather causing cancellation or interruption of travel. Additional detail of covered circumstances is available by request.
- **Trip Interruption - Return Air Only:** Covers the additional transportation expenses incurred by the Insured to the Return Destination for 150% of trip cost or \$750, whichever is greater.
- **Trip Delay:** Reimburses you up to \$150 a day up to a maximum of \$750 for additional accommodations or reasonable travel expenses if you are delayed for more than 5 hours.
- **Missed Connection:** Reimburses you up to \$250 if inclement weather or common carrier causes cancellation or a delay for regularly scheduled flights for three to less than five hours.
- **Baggage & Personal Effects:** Reimburses you up to \$1,000 if your luggage is lost, damaged, or stolen while you are on your trip.
- **Baggage Delay:** Reimburses you up to \$250 for the purchase of essential items if your bags are delayed for more than 24 hours.
- **Medical Expenses:** Covers necessary medical expenses up to \$25,000 up to one year after the sickness or injury provided you sought initial medical treatment while on your trip.
- **Emergency Medical Transportation:** Covers evacuation and transportation up to \$500,000 to the nearest adequate medical facility.

Extra Coverage: When you purchase your ProtectAssist Plan within 15 days* of making your initial trip payment, you also receive:

- **Pre-Existing Condition Exclusion Waiver:** You don't have to worry about Pre-Existing medical conditions.
- **Trip Cost Financial Default Protection:** Covers you if the tour operator, cruise line

or airline declares bankruptcy more than fourteen days after the effective date of coverage under the policy. Must be purchased within fifteen days of initial trip deposit to receive this coverage - see description of coverage for complete details. (Bankruptcy protection is not covered for all suppliers.)

- **Flight Guard:** This addition of \$50,000 will cover you and your family in the event of loss of life while you are traveling in the air.
- **Missed Connection:** This benefit will increase in coverage to \$500.

Optional Coverage (extra costs required):

- **Flight Guard (\$9 per \$100,000 of coverage):** Coverage of up to \$500,000 in the event of loss of life while you are traveling in the air.
- **Car Rental Collision Coverage (\$9 per day, per car):** Covers collision damage to a rental car for which the car rental contract holds you responsible. \$35,000 in primary coverage, subject to \$250 deductible.
- **Umbrella Package (cannot be purchased separately):** Medical expenses and emergency medical transportation benefits are doubled and medical coverage is upgraded to primary coverage.
- **Cancel for any Reason (Multiply 1.4 by the base plan cost):** Provides reimbursement of 50% of trip cost if you decide to cancel for any reason up to 48 hours prior to departure.
- **Cancel for Work Reasons (\$24 per adult):** For travelers who want trip cancellation and interruption coverage in the event they must cancel due to business-related reasons.

Family Coverage Included: At no additional charge, the plan covers all children 17 and under who are traveling with and related to the primary adult named on the enrollment form.

Trip Cost Per Person: +\$7 fee	AGE						
	0-34	35-59	60-69	70-74	75-79	80-84	85+
\$0*	\$16	\$24	\$29	\$35	\$53	\$65	\$79
\$ 1-\$500	\$24	\$36	\$40	\$51	\$60	\$91	\$102
\$ 501-\$1,000	\$41	\$52	\$65	\$89	\$108	\$139	\$172
\$ 1,001-\$1,500	\$53	\$71	\$89	\$117	\$154	\$183	\$242
\$ 1,501-\$2,000	\$72	\$94	\$123	\$166	\$201	\$238	\$311
\$ 2,001-\$2,500	\$92	\$118	\$152	\$205	\$248	\$294	\$381
\$ 2,501-\$3,000	\$111	\$139	\$181	\$245	\$295	\$347	\$453
\$ 3,001-\$3,500	\$130	\$148	\$211	\$284	\$340	\$402	\$522
\$ 3,501-\$4,000	\$148	\$162	\$240	\$323	\$388	\$467	\$592
\$ 4,001-\$4,500	\$165	\$185	\$303	\$362	\$434	\$528	\$662
\$ 4,501-\$5,000	\$184	\$206	\$340	\$401	\$481	\$590	\$731

Cancellation Policy

The following cancellation policies apply regardless of when you registered, even for personal emergencies. Nor is there a refund for leaving a tour early or arriving late. The cancellation policy is based on the money that was due and not the money that our operator, Steppin' Out has in hand and you are still obligated to pay the balance due. For example, if you signed up for a trip and only gave a deposit, and then didn't cancel until 80 days prior, you would owe Steppin' Out 50% of the full trip cost.

Cancellation policy is as follows:

- **Prior to 120 days to the departure date: \$55 administrative fee will apply.**

- **120-90 Days prior to departure date: all but 25% of the full land fee will be returned.**
- **90-60 days prior to departure date: 50% of full land fee will be retained**
- **61 days on prior to departure date: No refunds. If ticket has been purchased, you will receive the ticket.**

Responsibility: All tickets and vouchers covering ground transportation, hotel accommodations, lift tickets or other items in the package are issued by Steppin' Out only as an agent for such companies furnishing such services. Neither they nor their subagents shall be held liable for loss or damage to property or injury to person caused by reason of any defect by any transportation company, lodging company, car company, resort, agent or any service/item in the package outside their direct control. Steppin' Out reserves the right to make changes and alterations in the itinerary that are found necessary for proper handling of tours. In such an event, substitute services or equal or greater value will be furnished, or refunded, but the alternate services will still fall under the liability statements above. Steppin' Out shall not be liable for any loss, damage, injury, accident, delay or irregularity which may be occasioned by reason, defect, or through acts of omissions of any person or company described in the confirmation. In the event of a group or bulk ticket, Steppin' Out is not responsible for any default of the airline. Should a dispute arise, venue shall be in the State of Illinois

Before you go tips

- Sign waiver and make sure it is returned to Steppin' Out at least 3 weeks prior to the trip.
- Find out the access code to reach an international operator for your calling card, or purchase a calling card that will work out of the country.
- Get some small currency (\$bills) for purchasing along the way. Traveler checks are good for insurance sake, but you get a low exchange rate.
- Visit the travel resource page on the Steppin' Out home page to read CDC reports, weather reports, electrical voltage etc. www.steppinoutadventures.com

Participant Trip Profile and Contract: Morocco

YES, I'd like to join a Steppin' Out tour !

Please complete this application and send it to us with your payment and a copy of your passport to Steppin' Out , in **U.S. dollars**. Our street address is: 3721 Military Road NW, #B, Washington, DC 20015,.

First Name:	Middle Name:	Last Name:
Is this the name as it appears on your passport?		
Date of Birth:	Country of Birth:	
Passport # :	Exp date:	
Passport Country of Origin		
Current Address:	City	
State:	Zip:	Country:
Private-Telephone:	Home:	
Mobile Phone:	Do you receive Text Messages?	
Office-Telephone		
Fax:	E-mail:	
Emergency Contact:	Relationship to Contact:	
Contact's Hm Phone:	Contact's Cell:	
Health Insurance Carrier and Policy Number:		
Health Insurance Phone Number:		
Physician's Name and Number :		
List other destinations that you have traveled to:		
What do you hope to get out of this trip?		
Please let us know about any of the following:		
Allergies	Symptoms of Allergy	Treatment
1.		
2.		
Any Medication taking	Generic Name of Med	Dosage
1.		
2		
3		
List any dietary restrictions:		
List any physical disabilities/impediments		
Do you have a roommate request?		
Smoker () Non- Smoker ()		

PLEASE FAX BACK TO 877.264.7694

PAYMENT AND AGREEMENT

PRICING: BASE PRICE: \$ 2600 Until October 15 and then increase \$175 trip based on minimum of 10. Price is based on payment by check, to use your credit card add 3.7% to total.

Check one of the two options:

I, _____ am sending a check for the amount totaled above payable to Steppin' Out at 3721 Military Rd., NW #B Washington, DC, 20015. I will provide my credit card information below as a guarantee that the check will be sent, but I understand it will not be charged, unless Steppin' Out does not receive my check within 10 business days from the date above. Steppin' Out will notify me before charging.

I, authorize Steppin'Out to charge my credit card with an additional 3.7% added to the base price which totals _____.

AGREEMENT: Please initial

_____ I understand that if payment is not received by Steppin' Out within 8 business days, and/or should the trip offer an installment plan, and I am late with one of the installments, Steppin' Out has the authority to charge my credit card with a 4% transaction fee.

_____ If I received an early bird discount, I agree to provide all information and payments accordingly, and should Steppin' Out need to remind for payments, etc. then the early bird discount will no longer apply.

_____ I agree to the cancellation policy in this document and understand that if I cancel before payment has been made in full, that I am still obligated to pay the percentage/balance due.

_____ I understand that this is a group trip and if I opt out of an activity, there will be no refunds for an activity not done. Should the group decide while there as a whole to do a different activity, the price of the new activity will be paid for individually.

_____ I understand that small group travel provides flexibility, but also understand that reservations have been made and that this is an active trip, to accomplish all the great things we want to do, I will adhere to the group time schedule.

_____ I understand that the cancellation policy is as follows: Prior to 120 days, only a \$100 admin fee will be incurred, 120-90 Days prior to departure date, all but 25% of the full land fee will be returned; 90-60 days prior to departure 50% of full land fee will be retained, No refunds 61 days on prior to trip If ticket has been purchased, you will receive the ticket.

_____ I understand that this is a physically demanding tour ,meaning that I'll climb lots of stairs, do a fair amount of standing,carry my own bag up several flights of stairs and from the bus to my hotel room, walk an average of 6-10 miles per day, and won't be allowed to smoke indoors during the tour unless I'm on fire.

Responsibility: All tickets and vouchers covering ground transportation, hotel accommodations, or other items in the package are issued by Steppin' Out only as an agent for such companies furnishing such services. Neither they nor their subagents shall be held liable for loss or damage to property or injury to person caused by reason of any defect by any transportation company, lodging company, car company, resort area, agent or any service/item in the package outside their direct control. Steppin' Out reserves the right to make changes and alterations in the itinerary that are found necessary for proper handling of tours. In such an event, substitute services or equal or greater value will be furnished, or refunded, but the alternate services will still fall under the liability statements above. Steppin' Out shall not be liable for any loss, damage, injury, accident, delay or irregularity which may be occasioned by reason, defect, or through acts of omissions of any person or company described in the confirmation. In the event of a group or bulk ticket, Steppin' Out is not responsible for any default of the airline. Should a dispute arise, venue shall be in the State of Illinois.

IF YOU ARE SENDING A CHECK, YOU MUST STILL PROVIDE A CREDIT CARD # for HOLD

I have read and agree with the agreement section of this document and authorize payment as indicated in the checked off box above. **Mastercard or Visa Only**

Credit card Number _____ exp. Date _____ Security Code: _____

Client's Signature Agreeing to the above with date

PRINTED NAME

PER OUR INSURANCE REQUIREMENTS, IT IS REQUIRED THAT YOU FILL OUT ONE WAIVER FORM FOR EACH EVENT. PLEASE MAKE COPIES FOR FUTURE EVENTS. THANK YOU. WE APPRECIATE YOUR HELP. PLEASE FILL OUT COMPLETELY.

PARTICIPANT AGREEMENT, RELEASE AND ACKNOWLEDGEMENT OF RISK

In consideration of the services of Steppin' Out, Ltd., their agents, owners, officers, volunteers, participants, employees, contractors and all other persons or entities acting in any capacity on their behalf (hereinafter collectively referred to as "Steppin' Out"), I hereby agree to release and discharge Steppin' Out on behalf of myself, my children, my parents, my heirs, assigns, personal representative and estate as follows:

1. I acknowledge that **EVENT:** _____ **on the following dates:** _____ entails known and unanticipated risks which could result in physical or emotional injury, paralysis, death or damage to myself, to property, or to third parties. I understand that such risks simply cannot be eliminated without jeopardizing the essential qualities of the activity. Furthermore, Steppin' Out guides have difficult jobs to perform. They seek safety, but are not infallible. They might be ignorant of a participant's fitness or abilities. They might misjudge the weather, the elements, or the terrain. They may give inadequate warnings or instructions, and the equipment being used might malfunction.
2. I expressly agree and promise to accept and assume all risks existing in this activity. My participation in this activity is purely voluntary, and I elect to participate in spite of the risks.
3. I hereby release, forever discharge, and agree to indemnify and hold harmless Steppin' Out from any and all claims, demands, or causes of action, which are in any way connected with my participation in this activity or my use of Steppin' Out's equipment or facilities, including any such Claims which allege negligent acts or omissions of Steppin' Out.
4. Should Steppin' Out or anyone acting on their behalf, be required to incur attorney's fees and cost to enforce this agreement, I agree to indemnify and hold them harmless for all such fees and costs.

I certify that I have adequate insurance to cover any injury or damage I may cause or suffer while participating, or else I agree to bear the costs of such injury or damage myself. I certify that I have no medical or physical conditions which could interfere with my safety in this activity, or else I am willing to assume - and bear the cost of - all risks that may be created, directly or indirectly, by any such condition.

By signing this document, I acknowledge that if anyone is hurt or property is damaged during my participation in this activity, I may be found by a court to have waived my right to maintain a lawsuit against Steppin' Out on the basis of any claim from which I have released them herein. I agree that if any portion of this agreement is found to be void or unenforceable, the remaining portion shall remain in full force and effect.

I have had sufficient opportunity to read this entire document. I have read and understood it, and I agree to be bound by its terms.

Signature of Participant: _____ Print Name: _____

Participants Address: _____ Current Date: _____

City, State & Zip _____

Health Insurance Provider/Carrier: _____ Policy Number: _____

Health Insurance Provider/Carrier Telephone Number: _____

Social Security # _____ Date of birth _____

In case of emergency, please contact (specify relationship): _____

Emergency contact's telephone number: _____

On a scale of 1-10, with 10, being very active, how would you rate your physical activity? _____

Horse back riding experience: _____ **Hiking Experience:** _____ **Biking Experience** _____ **Rafting Experience** _____